

Meals On Wheels

Sample Menu



Hot Meal - Sample Entrees

Baked Chicken
Lasagna
Baked Fish
Egg Rolls
Pork Tenderloin
Spaghetti & Meatballs
Roast Turkey
Beef Stew

Cold Meal - Sample Items

Tuna Salad
Seafood Salad
Roast Beef
Oranges
Apples
Bananas
Pudding
Cookies
Apple/Orange Juice