

805.497.0189 | [www.seniorconcerns.org](http://www.seniorconcerns.org)

# Senior Concerns

*Improving The Lives of Seniors & Family Caregivers*

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# COMMUNITY IMPACT UPDATE 2015

Serving Thousand Oaks, Newbury Park, Westlake Village,  
Agoura Hills, Oak Park, Simi Valley & Moorpark, CA



## Improving The Lives of Seniors & Family Caregivers

## Adult Day Program

**40-50** seniors each day enjoy cognitive, physical and social stimulation in a nurturing environment.

**150** family caregivers receive a much-needed break from their caregiver duties.



## Meals On Wheels

Each day, **75** home-bound seniors from Thousand Oaks and Newbury Park receive fresh, nutritionally- balanced, hot lunches and light evening meals delivered by community volunteers.

With your help, over **5,500** meals are scholarshiped each year.



## Senior Advocates

In partnership with local active senior centers, Senior Concerns' Advocates have provided **6,000 seniors** with information and one-on-one counseling about Social Security, Medicare, Medi-Cal and housing options.

## Pro Bono Legal and Financial Services

Last year, our Legal and Financial Concerns' team provided pro bono services to nearly **80** seniors and caregivers through volunteer attorneys and Certified Financial Planners.



## Educational Workshops

Our monthly Empowered Caregiver educational workshops provide valuable information and resources for family caregivers of those caring for aging loved ones. In addition, Senior Concerns' care managers and advocates also provide workshops and seminars at active senior centers and other locations throughout the community.



## Senior Concerns' Physician's Campaign

educates community physicians, nurses, case managers and discharge planners about the critical assistance we offer. Our referral pads make suggesting services easy.

"I'm able to confidently refer my patients to Senior Concerns. Their programs and services are vital in our community."

~ Dr. Hannah Grossman







## CAREGIVER SUPPORT CENTER

powered by  
**Senior Concerns**

In its first full year of operation, Senior Concerns' Caregiver Support Center has provided invaluable services, information and emotional support to over **5,000 stressed family caregivers** so they can provide better sustained care for themselves and their aging loved ones.



## Caregiver Support Groups

Last year, Senior Concerns guided nearly **60** family caregivers to six caregiver support groups throughout the community.



## Conejo Cares...Caregivers Matter

Caregiver Recognition Day  
January 31, 2015



401 Hodencamp Road, Thousand Oaks, CA 91360  
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# CONEJO VALLEY SENIOR CONCERNS, INC.

(A Non-Profit Corporation)

## STATEMENT OF ACTIVITIES

For the Years Ended June 30, 2014 and 2013

(Summarized Totals for 2013)

	2014	2013
<b>Operating Support and Revenue</b>		
Public Support	\$ 342,951	\$ 181,643
Grants	190,500	339,850
Program fees	954,749	928,068
Thrift shop, net of \$128,585 expenses	133,662	138,312
Investment return	9,353	16,604
<b>Total support and revenue</b>	1,631,215	1,604,477
<b>Other Income</b>		
Caregivers net income (loss)		(32,331)
Special events revenue, net of \$102,424 expenses	194,313	252,635
<b>Total other income</b>	194,313	220,304
<b>Investments</b>		
Unrealized gain on investments	42,350	23,942
<b>Total investments</b>	42,350	23,942
<b>Assets Released from Restrictions</b>	-	-
<b>Total Revenue and Income</b>	1,867,878	1,848,723
<b>Expenses</b>		
Program services	1,487,176	1,459,447
General and administrative	192,642	237,905
Fundraising	105,257	102,418
<b>Total expenses</b>	1,785,075	1,799,770
<b>Change in net assets</b>	82,803	48,953
<b>Net assets, beginning of year</b>	2,291,356	2,242,403
<b>Net assets, end of year</b>	\$ 2,374,159	\$ 2,291,356

To see more complete financial information go to:

[www.seniorconcerns.org/aboutus/corporateinformation](http://www.seniorconcerns.org/aboutus/corporateinformation)



"On behalf of the Board of Directors, staff and volunteers, we are ensuring our seniors are getting the care and attention they vastly deserve through our life enhancing programs and services. Rest assured your donations of time and money are making a huge difference at Senior Concerns now and for the future senior generations to come. We can all be proud of being a part of this important mission and I thank you for your support."

Patricia Jones

Senior Concerns' Chairman of the Board



2013 CSQ Magazine  
Top 100 Philanthropies



4 Star Rating (out of 4)  
from Charity Navigator

May & Stanley Smith Charitable Trust



Grant Recipient

**5 of 5**

GuideStar 5 out of 5  
based on 25 independent reviews



Grant Recipient



June 7, 2015

The Bargain Boutique  
and Thrift Store



September 26, 2015

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Dear Friends,

Last year was a busy one for Senior Concerns and 2015 promises to be active as well, particularly given the increasing focus on our aging population and the need for resources to help seniors stay healthy and independent, and remain in their homes as they age.



In the past year, Senior Concerns was awarded almost \$200,000 in grants. Our grantors continue to support core operating expenses for organizations like Senior Concerns that they consider essential partners in the community.

2015 brings exciting developments. In January, we saw the first Conejo Cares event, honoring and supporting family caregivers in our community. Later this year, we will debut a new Adult Day

transportation program to-and-from Simi Valley. Additionally on the horizon, Senior Concerns will introduce new initiatives including a Person Centered Day Care model, a Matter of Balance Fall Prevention Program and Memories in the Making Arts Program.

In the brick and mortar department, this year, Senior Concerns begins implementing a three-year Capital project to redesign and renovate our building to a state-of-the-art Adult Day Center to meet increasing demand of those with Alzheimer's and other cognitive and physical challenges.

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We continually look for other ways to support and strengthen our organization through fund-raising, leadership development, innovative programming and community-based partnerships.

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The Board of Directors and I place transparency at the top of our communications priorities. If you have any questions about our plans or priorities, don't hesitate to call our professional and caring staff. We are here to help.

We invite you to be a part of our future, either by volunteering or making a financial contribution.

With gratitude,

*Andrea Gallagher*

Certified Senior Advisor (CSA<sup>®</sup>)  
President, Senior Concerns

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# Have Fun, Give Back, Get Involved!

## Volunteer...

at the Bargain Boutique and Thrift Store

## Share...

your talent or skill with our Adult Day participants

## Help...

with our fund-raisers: Love Run and Ultimate Dining Experience

## Deliver...

Meals on Wheels

## Join...

our Board



Please contact us at 805-497-0189 or  
via email at [volunteers@seniorconcerns.org](mailto:volunteers@seniorconcerns.org)  
for more information and to  
get involved today!



Take action  
Learn Try something new  
Hobby Meet people Help people Passion  
Give something back  
Make a difference  
Be involved Experience Skills  
Interest Enjoyment Time to spare

Our 501(c)(3) Non-Profit Organization Taxpayer ID is 95-2992927

LOCATIONS: Thousand Oaks | Simi Valley | Moorpark | Agoura Hills

### SENIOR CONCERNS

401 Hodencamp Road  
Thousand Oaks, CA  
805.497.0189

### GOEBEL ADULT COMMUNITY CENTER

1385 E. Janss Road  
Thousand Oaks, CA  
805.495.6250

### MOORPARK ACTIVE ADULT CENTER

799 Moorpark Avenue  
Moorpark, CA  
805.517.6261

### SIMI VALLEY SENIOR CENTER

3900 Avenida Simi  
Simi Valley, CA  
805.583.6363

### AGOURA HILLS RECREATION CENTER

29900 Ladyface Ct.  
Agoura Hills, CA  
818.597.7361

### SENIOR CONCERNS MOBILE CAREGIVER CENTER

For times and locations  
CALL: 805.497.0189

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