

401 Hodencamp Road, Thousand Oaks 805-497-0189 www.seniorconcerns.org

August Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Cacciatore Whole Wheat Noodles Broccoli Pears	Turkey Loaf Sweet Potatoes Mixed Veggies Diced Apples	Teriyaki Cod Brown Rice Carrots Peaches	4 Roasted Turkey Stuffing Corn Fruit Cocktail	5 Tuna Salad Green Salad Whole Wheat Roll Fresh Fruit
8 Chili Relleno Casserole Spanish Rice Mixed Veggies Mandarin Oranges	9 Chicken Parmesan Whole Wheat Noodles Broccoli Fresh Fruit	Salisbury Steak Mashed Potatoes Green Beans Peaches	Salmon with Dill Wild Rice Carrots Pineapple	Taco Salad Corn Muffins Fruit Cocktail
15 Turkey Chili Dinner Roll Mixed Veggies Applesauce	16 Sweet & Sour Chicken Brown Rice Asian Veggies Mandarin Oranges	Baked Ziti Wheat Bread Sticks Italian Veggies Fruit Cocktail	18 Veggie Pizza Pears	19 Turkey Sandwiches Whole Wheat bread Green Salad Peaches
22 Pulled Pork Sandwich Whole Grain Roll Potato Salad Fresh Fruit	23 Macaroni & Cheese Broccoli Pineapple	Chicken, Veggie & Noodle Soup Dinner Roll Mixed Berries	25 Baked Herb Chicken Rice Pilaf Summer Ratatouille Pears	26 Egg Salad Sandwich Dinner Roll 3 Bean Salad Diced Apples
29 Chicken Caesar Salad Garlic Bread Fresh Fruit	Baked Fish Baby Bakers Mixed Veggies Mandarin Oranges	BBQ Chicken Potato Salad Carrots Fruit Cocktail	Morning And Afternoon Snacks Are Served Daily. Lunch Is Served 11:30 To 12:30p.m. Lunch Is Served With: Milk, Fruit And Bread Or Roll Unless Fulfilled By Another Approved Grain. Fish, Chicken Breast, Brown Rice And A Second Vegetable Are Available Upon Request Menu Subject To Change	
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