Senior oncerns Serving Senior & 401 Hodencamp Road, Thousand Oaks 805-497-0189 www.seniorconcerns.org				
Monday	Tuesday	Wednesday	Thursday	Friday
Morning And Afternoon Snacks Are Served Daily. Lunch is Served from 11:30 to 12:30 pmMenu Subject To ChangeLunch Is Served With: Milk, Fruit And Bread Or Roll Unless Fulfilled By Another Approved Grain. Fish, Chicken Breast, Brown Rice And A Second Vegetable Are Available Upon Request.Menu Subject To Change			1 Cheese Shells Garlic Bread Broccoli Peaches	2 Chicken Pot Pie Whole Grain Biscuit Mixed Veggies Pears
5 Labor Day Center Closed	6 French Toast Turkey Sausage Cucumber Salad Berries	7 Teriyaki Fish Brown Rice Asian Veggies Fresh Fruit	8 Turkey Loaf Sweet Potatoes Broccoli Mandarin Oranges	9 Deli Sandwich Whole Grain Bread 3 Bean Salad Pineapple
12 Crab Cakes Wild Rice Roasted Veggies Mandarin Oranges	13 Creamy Chicken Quinoa Broccoli Fruit Cocktail	14 Spaghetti & Meatball Garlic Bread Italian Veggies Pears	15 Peanut Butter & Jelly Sandwiches Salad Bananas	16 Sloppy Joes Whole Grain Bun Coleslaw Peaches
19 BBQ Chicken Baby Bakers Green Beans Fruit Cocktail	20 Fish & Chips Oven Fries Broccoli Fresh Fruit	21 Cheese Blintzes With Berries Sliced Tomatoes Applesauce	22 Chinese Chicken Salad Dinner Roll Peaches	23 Roast Beef Sandwich Whole Grain Bread Cucumber-Tomato Salad Pears
26 Split Pea Soup Ham or Turkey Oyster Crackers Pineapple	27 Poached Salmon Rice Pilaf Mixed Veggies Mandarin Oranges	28 Roast Turkey Stuffing Carrots Peaches	29 Chicken Alfredo Whole Grain Pasta Broccoli Fresh Fruit	30 Cheeseburger Whole Wheat Bun Macaroni-Veggie Salad Diced Apples