COMMUNITY IMPACT UPDATE 2016

Accomplishments by the Numbers

- **13,500** Seniors served in our community
- **250** Family caregivers supported and honored at Senior Concerns’ first Caregiver Recognition Day
- **1** Conejo Valley’s only Alzheimer’s and dementia care Adult Day Program
- **30,000+** Nutritious meals delivered to homebound seniors through our Meals On Wheels program
- **4** Program areas of focus: Health Security, Financial Resilience, Caregiver Support, and Education and Advocacy
- **$200,000** Scholarship dollars awarded to low-income seniors who receive Meals On Wheels or attend our Adult Day Program
- **70** Stakeholder meetings, workshops and presentations held within the community
- **3,300** Seniors provided legal, economic or healthcare counseling
- **87** Percentage of your generous contributions spent on Senior Concerns programs and services
- **0** Percentage of Senior Concerns’ operating budget that comes from the State of California
- **150,000** Readership circulation of Senior Concerns’ columns in the Acorn and Ventura County Star
- **2** Low income senior housing facilities where we provide one-on-one counseling
- **$100,000** Value of donated goods to our Bargain Boutique and Thrift Store

Senior Concerns
Serving Seniors & Their Family Caregivers

401 Hodencamp Road, Thousand Oaks, CA 91360
805.497.0189 | www.seniorconcerns.org
Have Fun, Give Back, Get Involved!

Contact us at 805-497-0189 or via email at volunteers@seniorconcerns.org for more information and to get involved today!

Volunteer... at the Bargain Boutique and Thrift Store
Share... your talent or skill with our Adult Day participants
Help... with our fund-raisers: Love Run and Ultimate Dining Experience
Deliver... Meals on Wheels
Join... our Board

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www.seniorconcerns.org
805.497.0189

Senior Concerns
Serving Thousand Oaks, Newbury Park, Westlake Village, Agoura Hills, Oak Park, Simi Valley and Moorpark

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Volume 32, E. June 2016

2015 was a whirlwind year for Senior Concerns, and thanks to the support of our community, we were able to accomplish a lot. If we tried to capture everything in one brochure, you would have a lot of reading. Instead, we put together this handy list of highlights. To learn more, visit our website at www.seniorconcerns.org or call us at 805-497-0189.

Andrea Gallagher
President, Senior Concerns

Dear Friend,

From the moment I met Sal and Betty, they touched my heart. Please allow me to share their story with you. These are the people you help when you give to Senior Concerns.

The first time Sal brought Betty to our Adult Day Program, he was feeling very depressed and overwhelmed. He shared with me that he had lost all hope of finding a good option for his beloved wife, Betty, who had been diagnosed with moderate dementia. He did not think our Adult Day Program would work for Betty, but he was willing to give it a try. That first day was very hard. Betty did not want to leave Sal’s side and became very agitated and upset.

But, Sal needed respite so he was the only caregiver for Betty. So, they tried again.

When Betty came back a second time, she started to relax a bit and gravitated towards the arts and crafts groups. But, by the end of each day she grew anxious. She had a strong personality and would become very upset. She would often stand up and say “I’m leaving.” We would remind Betty that Sal was on his way to pick her up. We tried to redirect her anxiety and calm her until Sal arrived. Betty slowly started to settle in.

As Betty’s communication deteriorated, it was harder for her to come up with the right words to say when she had to use the restroom. She became incontinent. She would not let the staff help her. We were determined to find a way that respected Betty’s dignity. One day, she stood up and said “I’m leaving. I have to go.” I assumed she wanted to leave the Center and was looking for Sal to take her home. I just let her walk, but knowing her new challenges with toileting, I slowly guided her towards the bathroom without saying a word. I went inside with her. She turned to me and said, “God bless you, how did you know I needed this?” with a huge smile on her face.

I was finally able to connect with Betty and she felt safe with our staff. We grew to love Betty. We called her “Our Betty.” We cried when Betty left the Adult Day Program after two years to move to a dementia care unit. Sal was heartbroken as well. He shared how much he valued the Adult Day Program and how hard it would have been for him as Betty’s sole caregiver had we not been there.

This is why I love my job. Senior Concerns is able to help families by giving them a break from caregiving, while also providing a caring and supportive environment for the person with dementia.

Please consider a gift to Senior Concerns so we can continue our vital work. Every dollar you give will help us to help people like Sal and Betty. Your support will truly make a difference in the lives of seniors and family caregivers here in our community. We can’t do what we do without you.

Thank you for reading my letter, and thank you in advance for your support.

Sincerely,

Pamela Tryon
Program Leader, Senior Concerns’ Adult Day Program

3 Star Rating (out of 4)
from Charity Navigator

May & Stanley Smith Charitable Trust

2015 CSQ Magazine Top 100 Philanthropies

Grant Recipient

3 Star Rating (out of 4)

Grant Recipient

June 5, 2016

September 24, 2016

The Bargain Boutique and Thrift Store

May 2016

90 E. Hildreth
Thousand Oaks, CA

Junior League of Thousand Oaks

AGOURA HILLS RECREATION CENTER

29900 Ladyface Court
Agoura Hills, CA
818.597.7361

Our 501(c)(3) Non-Profit Organization Taxpayer ID is 85-2992927.
Your gift may qualify for a corporate match through your employer, thereby furthering your support even more.

Check with your employer’s Human Resources Office for more information.

GOEBEL ADULT COMMUNITY CENTER

1385 E. Jamns Road
Thousand Oaks, CA
805.496.6250

SIMI VALLEY SENIOR CENTER

3900 Avenida Simi
Simi Valley, CA
805.583.3633

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