**Hospital Checklist**

**What to bring to the hospital**
Consider keeping a hospital bag prepared at all times to make emergencies easier.

- Medication List
- Names and phone numbers for all your doctors
- List of important medical history
- Allergy information
- Insurance cards
- Power of Attorney or POLST (Physicians Order for Life Sustaining Treatment) form
- Glasses and/or hearing aids with a clearly labeled storage bag
- Dentures
- Toothbrush and toothpaste (May be provided but bring your own if you prefer.)
- Notebook and pen
- Items to make the stay more comfortable (pillow, music, blanket, books, etc.). Consider anything that might make the surroundings more familiar and comfortable for your loved one.
- Names and phone numbers of family or friends that can be called to support you and your loved one while at the hospital.