

# Hospital Checklist

## What to bring to the hospital

Consider keeping a hospital bag prepared at all times to make emergencies easier.

- \_\_\_\_\_ Medication List
- \_\_\_\_\_ Names and phone numbers for all your doctors
- \_\_\_\_\_ List of important medical history
- \_\_\_\_\_ Allergy information
- \_\_\_\_\_ Insurance cards
- \_\_\_\_\_ Power of Attorney or POLST (Physicians Order for Life Sustaining Treatment) form
- \_\_\_\_\_ Glasses and/or hearing aids with a clearly labeled storage bag
- \_\_\_\_\_ Dentures
- \_\_\_\_\_ Toothbrush and toothpaste (May be provided but bring your own if you prefer.)
- \_\_\_\_\_ Notebook and pen
- \_\_\_\_\_ Items to make the stay more comfortable (pillow, music, blanket, books, etc.). Consider anything that might make the surroundings more familiar and comfortable for your loved one.
- \_\_\_\_\_ Names and phone numbers of family or friends that can be called to support you and your loved one while at the hospital.