Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dining Room Hours Morning Snack @ 8:30 Lunch @ 11:30 - Afternoon Snack @ 2:30 Program Hours Monday - Friday 9:00am-3:00pm Extended Hours Monday - Friday 7:30am - 9:00am 3:00pm - 5:30pm		SURVERM		Each month we look forward to visiting with Kathy & her therapy dog Scout!	SUNSING SWIM STORES
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Golf challenge & Reminisce 11:00 Sittercise 1:00 Mark Monson on the Piano 1:00 Active game & word game 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Paula Jones on the Piano 11:00 Morning Exercise 1:00 The Homemade Jammers 1:00 Women's Group 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Phil on the Guitar 10:00 Christian Life 11:00 Sit and Get Fit 1:00 Ice Cream Social on patio 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Famous Faces 11:00 Sittercise 1:00 David Kramer's Musical Hour 1:00 Painting w/ Nadya 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Gunsalus kid's Talent Show 10:00 Creative Expressions 11:00 Get Groovy Exercise 1:00 Jerry Weisbecker Performs 1:00 Discussion group & Sing along 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	IDPINK THE VICE Air RALPH WALDO EMERSON
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Art Trek Craft Project 11:00 Sittercise 1:00 Sensory/ Sorting 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Life Skills Activity w/ Steve 11:00 Morning Exercise 1:00 The Goebel Strummers 1:00 Women's Group 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Music Match Game 11:00 Sit and Get Fit 1:00 Volleyball & Sing along 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 June Social 11:00 Sittercise 1:00 Around the world trivia 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Musical Challenge 11:00 Get Groovy Exercise 1:00 Sunshine Club 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	6/5 Brigitte J. 6/7 Yolanda N. 6/13 Kay L. 6/16 Betty B. 6/24 Victor R. & Chuck G.
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Father's Day Social 10:00 Reminisce & word game 11:00 Sittercise 1:00 Mark Monson on the Piano 1:00 Active game & word game 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Art Trek Craft Project 11:00 Morning Exercise 1:00 The Humdingers 1:00 Women's Group 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Phil on the Guitar 10:00 Christian Life 11:00 Sit and Get Fit 1:00 Reminiscence therapy & Active Game 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 George Clark Performs 11:00 Sittercise 1:00 David Kramer's Musical Hour 1:00 Painting w/ Nadya 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Magic w/ Gerry 10:30 Discussion Group 11:00 Get Groovy Exercise 1:00 Movie & popcorn hour 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Slotball & word game 11:00 Sittercise 1:00 Comedy Show 1:00 Active Game & sing along 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Ball game challenge 11:00 Morning Exercise 1:00 The Goebel Strummers 1:00 Women's Group 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Summer Social 11:00 Sit and Get Fit 1:00 Norm Rockwell Discussion 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Rena on the Piano 11:00 Sittercise 1:00 Karaoke & funny videos 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Sing along on the patio 10:00 Creative Expressions 11:00 Get Groovy Exercise 1:00 Fresh Juice Social 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	Hello, Summer!

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Dining Room Hours Morning Snack @ 8:30 Lunch @ 11:30 - Afternoon Snack @ 2:30 Program Hours Monday - Friday 9:00am-3:00pm Extended Hours Monday - Friday 7:30am - 9:00am 3:00pm - 5:30pm		SURAN		Each month we look forward to visiting with Kathy & her therapy dog Scout!	SUNSING SWIM DO
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Golf challenge & Reminisce 11:00 Sittercise 1:00 Mark Monson on the Piano 1:00 Active game & word game 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Paula Jones on the Piano 11:00 Morning Exercise 1:00 The Homemade Jammers 1:00 Women's Group 2:00 Snacks & Memory Lane	5 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Phil on the Guitar 10:00 Christian Life 11:00 Sit and Get Fit 1:00 Sing along & cooking lessons video 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Famous Faces match game 11:00 Sittercise 1:00 David Kramer's Musical Hour 1:00 Painting w/ Nadya 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Gunsalus kid's Talent Show 10:00 Creative Expressions 11:00 Get Groovy Exercise 1:00 Jerry Weisbecker Performs 1:00 Discussion group & Sing along 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	DEFINATE VICE Air RALPH WALDO EMERSON
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Art Trek Craft Project 11:00 Sittercise 1:00 Table games & balloon toss 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Life Skills Activity w/ Steve 11:00 Morning Exercise 1:00 The Goebel Strummers 1:00 Women's Group 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Musical Match Game 11:00 Sit and Get Fit 1:00 Parachute Game & Karaoke 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 June Social 11:00 Sittercise 1:00 Table Games & stories 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Musical Challenge 11:00 Get Groovy Exercise 1:00 Sunshine Club 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	6/5 Brigitte J. 6/7 Yolanda N. 6/13 Kay L. 6/16 Betty B. 6/24 Victor R. & Chuck G.
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Father's Day Social 10:00 Reminisce & word game 11:00 Sittercise 1:00 Mark Monson on the Piano 1:00 Active game & word game 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Art Trek Craft Project 11:00 Morning Exercise 1:00 The Humdingers 1:00 Women's Group 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Phil on the Guitar 10:00 Christian Life 11:00 Sit and Get Fit 1:00 Active Game on Patio 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 George Clark Performs 11:00 Sittercise 1:00 David Kramer's Musical Hour 1:00 Painting w/ Nadya 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Magic w/ Gerry 10:30 Discussion Group 11:00 Get Groovy Exercise 1:00 Vanilla Shake Social 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Slot ball & word game 11:00 Sittercise 1:00 Comedy Show 1:00 Active Game & sing along 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Ball Game Challenge 11:00 Morning Exercise 1:00 The Goebel Strummers 1:00 Women's Group 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Summer Social 11:00 Sit and Get Fit 1:00 Parachute Activity on Patio 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Rena on the Piano 11:00 Sittercise 1:00 Bullseye Game 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Sing along on Patio 10:00 Creative Expressions 11:00 Get Groovy Exercise 1:00 Sea Life video & reminisce 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	Hello, Summer!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dining Room Hours Morning Snack @ 8:30 Lunch @ 11:30 - Afternoon Snack @ 2:30 Program Hours Monday - Friday 9:00am-3:00pm Extended Hours Monday - Friday 7:30am - 9:00am 3:00pm - 5:30pm	Tuesday	Wednesday	Thursday	Each month we look forward to visiting with Kathy & her therapy dog Scout!	SUNSING SWIM SWIM SWIM SOUTH
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Crossword Puzzle 11:00 Sittercise 1:00 Mark Monson on the Piano 1:00 Active game & word game 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Paula Jones on the Piano 11:00 Morning Exercise 1:00 The Homemade Jammers 1:00 Women's Group 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Phil on the Guitar 10:00 Christian Life 11:00 Sit and Get Fit 1:00 Jeopardy 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Getting to know you 11:00 Sittercise 1:00 David Kramer's Musical Hour 1:00 Painting w/ Nadya 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Gunsalus Kid's talent show 10:00 Creative Expressions 11:00 Get Groovy Exercise 1:00 Jerry Weisbecker Performs 1:00 Discussion group & Sing along 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	Drink THE WALDO EMERSON
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Music hour 11:00 Sittercise 1:00 Match Game 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Chair yoga w/ Kathleen 10:45 Word game 11:00 Morning Exercise 1:00 The Goebel Strummers 1:00 Women's Group 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Sing along & word game 11:00 Sit and Get Fit 1:00 Guess that Professional Object 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 June Social 11:00 Sittercise 1:00 Karaoke & volleyball 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Active game & trivia 11:00 Get Groovy Exercise 1:00 Flag Day Celebration 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	6/5 Brigitte J. 6/7 Yolanda N. 6/13 Kay L. 6/16 Betty B. 6/24 Victor R. & Chuck G.
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Father's Day Social 10:00 Reminisce & word game 11:00 Sittercise 1:00 Mark Monson on the Piano 1:00 Active game & word game 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Active Game 11:00 Morning Exercise 1:00 The Humdingers 1:00 Women's Group 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Phil on the Guitar 10:00 Christian Life 11:00 Sit and Get Fit 1:00 Popular Drinks Reminisce 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 George Clark Performs 11:00 Sittercise 1:00 David Kramer's Musical Hour 1:00 Painting w/ Nadya 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Magic w/ Gerry 10:30 Discussion Group 11:00 Get Groovy Exercise 1:00 Ultimate Trivia hour 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	
9:00 Coffee Klatch 9:30 News & Discussion 10:00 Headbandz 11:00 Sittercise 1:00 Comedy Show 1:00 Active Game & sing along 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Comedy Hour 11:00 Morning Exercise 1:00 The Goebel Strummers 1:00 Women's Group 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Summer Social 11:00 Sit and Get Fit 1:00 Basketball 2:00 Snacks & Memory Lane	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Rena on the Piano 11:00 Sittercise 1:00 Arm Chair Travel 2:00 Snacks & Ultimate Trivia	9:00 Coffee Klatch 9:30 News & Discussion 10:00 Wheel of Fortune 10:00 Creative Expressions 11:00 Get Groovy Exercise 1:00 Reminisce w/ Ronnie 1:00 Decoupage w/ Debbie 2:00 Snacks & Table Games	Hello, Summer!

* Special Announcements *

2019 Senior Concerns Path To Positive Aging Series

Tuesday, June 25th, from 4:00-5:30pm Title: Navigating Placement Choices

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Seating is limited - to reserve your seat for call (805) 497-0189 or register online at www.seniorconcerns.org/seminars/
Complimentary Respite care is available for seniors with your advance reservation.

Senior Concerns' Caregiver Support Group

Our support group offers caregivers and supporters of frail, special needs or memory impaired seniors the vital information and support they need. The group meets every 2nd and 4th Friday of every month from 9:30-11:00am, here at Senior Concerns,

401 Hodencamp Rd., Thousand Oaks. To learn more please call (805) 497-0189.

Senior Concerns 2019 Holiday Closures:

New Years Day	Tuesday	01/01/19
Presidents Day	Monday	02/18/19
Memorial Day	Monday	05/27/19
Independence Day	Thursday	07/04/19
Labor Day	Monday	09/02/19
3pm Early Closure	Wednesday	11/27/19
Thanksgiving Day	Thursday	11/28/19
Day after Thanksgiving	Friday	11/29/19
3pm Early Closure	Tuesday	12/24/19
In observance of Christmas Day	Wednesday	12/25/18
3pm Early Closure	Tuesday	12/31/18
In Observance of New Years Day	Wednesday	01/01/20

Additional Days

If you need additional days or to change scheduled days for your loved one please call (805)497-0189.

Wish List

This year we have created a **"Wish List" on Amazon** of items our staff would like to add to the program. If you purchase an item it will be sent directly to us! Please be sure to include a note with your gift so we can properly thank you! Purchasing from Senior Concerns' Amazon Wish list is EASY! Go to www.amazon.com

· Click on "Lists" (top right hand corner) · Click on "Find a List or Registry") · Search for Senior Concerns

Thank you for your continued support



Funseekers' June Activity Calendar



401 Hodencamp Road, Thousand Oaks, CA 91360 (805) 497-0189

www.seniorconcerns.org