



Funseekers' Calendar

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Years Day! Center Closed	2 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Group Discussion 11:00 Sittercise 1:00 <u>David Kramer's Musical Hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	3 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Welcome January Social 11:00 Get Groovy Exercise 1:00 Bingo Bash! 2:00 Snacks & Table Games	
6 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Wheel of Fortune Fun 11:00 Sittercise 1:00 Person, Place or Thing? 2:00 Snacks & Memory Lane	7 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Active game & Trivia 10:00 Story wise cards 11:00 Morning Exercise 1:00 Sharpen your senses 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	8 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Elvis Presley Celebration 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 Oxymoron word game 2:00 Snacks & Trivia	9 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Reminisce—70's 11:00 Sittercise 1:00 <u>George Clark Performs</u> 1:00 <u>Memories in the making</u> 2:00 Snacks & Discussion	10 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Magic w/ Gerry</u> 1:00 Get Groovy Exercise 1:00 Slot ball & Trivia 2:00 Snacks & Table Games	
13 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>John Monday Performs</u> 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Bullseye game & Hollywood cards 2:00 Snacks & Memory Lane	14 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Chair yoga w/ Kathleen</u> 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	15 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Phil on the Guitar</u> 10:00 <u>Men's Group w/ Jim</u> 11:00 Sit and Get Fit 1:00 Truth or Myth 2:00 Snacks & Trivia	16 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Travel Memories 11:00 Sittercise 1:00 <u>David Kramer's Musical Hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	17 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Hat Day contest & Dance party! 11:00 Get Groovy Exercise 1:00 Football & Trivia 2:00 Snacks & Table Games	
20 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Hot potato & word games 11:00 Sittercise 1:00 <u>Alicia's France Travel Show</u> 1:00 Parachute & sing along 2:00 Snacks & Memory Lane	21 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Fresh Orange Juice Social 11:00 Morning Exercise 1:00 Sing along 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	22 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Variety Hour 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 Hand gestures & common sayings activity 2:00 Snacks & Trivia	23 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Chair Yoga w/ Kathleen</u> 11:00 Sittercise 1:00 Puns— wprd game 1:00 <u>Memories in the making</u> 2:00 Snacks & Discussion	24 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Chinese New Year Social 11:00 Get Groovy Exercise 1:00 <u>Reminisce w/ Ronnie</u> 2:00 Snacks & Table Games	
27 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Riddles & Dad Jokes 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Basketball & Reminisce 2:00 Snacks & Memory Lane	28 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Group Discussion 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	29 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Variety Hour 11:00 Sit and Get Fit 1:00 Guess that Author & 50 states trivia 2:00 Snacks & Trivia	30 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Bethany Christian 1st graders</u> 11:00 Sittercise 1:00 Hollywood Cards 1:00 <u>Memories in the making</u> 2:00 Snacks & Discussion	31 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Balloon toss & Trivia 11:00 Get Groovy Exercise 1:00 <u>Rena on the Piano</u> 1:00 Slot ball & Reminisce 2:00 Snacks & Table Games	
					HAPPY BIRTHDAY! <div> <div>1/1 Elsie A.</div> <div>1/7 Sara S.</div> </div> <div> <div>1/1 Mary T.</div> <div>1/8 Mike B.</div> </div> <div> <div>1/4 Robert F.</div> <div>1/21 Mike W.</div> </div> <div> <div>1/6 Len E.</div> <div>1/30 Myra O.</div> </div> Dining Room Hours Morning Snack @ 8:30-10am Lunch @ 11:30pm - Afternoon Snack @ 2:00pm Program Hours Monday - Friday 9:00am-3:00pm Extended Hours Monday - Friday 7:30am - 9:00am 3:00pm - 5:30pm



Fitzgerald Calendar

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Years Day! Center Closed	2 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Sing along & Discussion 11:00 Sittercise 1:00 <u>David Kramer's Musical Hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	3 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Welcome January Social 11:00 Get Groovy Exercise 1:00 Movie– Breakfast at Tiffany's 2:00 Snacks & Table Games	
6 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Wheel of Fortune Fun 11:00 Sittercise 1:00 <u>Sunshine Club</u> 2:00 Snacks & Memory Lane	7 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Active game & Trivia 10:00 Story wise cards 11:00 Morning Exercise 1:00 Celebrate Sara's Birthday 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	8 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Elvis Presley Celebration 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 Talk about Elvis Presley 2:00 Snacks & Trivia	9 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Life Skills activity 11:00 Sittercise 1:00 <u>George Clark Performs</u> 1:00 <u>Memories in the making</u> 2:00 Snacks & Discussion	10 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Magic w/ Gerry</u> 1:00 Get Groovy Exercise 1:00 Corn Hole Game 2:00 Snacks & Table Games	
13 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>John Monday Performs</u> 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Bullseye game & Hollywood cards 2:00 Snacks & Memory Lane	14 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Tactile Sensory activity 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	15 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Phil on the Guitar</u> 10:00 <u>Men's Group w/ Jim</u> 11:00 Sit and Get Fit 1:00 Spelling Bee challenge 2:00 Snacks & Trivia	16 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Table games & puzzles 11:00 Sittercise 1:00 <u>David Kramer's Musical Hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	17 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Hat Day contest & Dance party! 11:00 Get Groovy Exercise 1:00 Guess that object 2:00 Snacks & Table Games	
20 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Reminisce Martin Luther King Jr. 11:00 Sittercise 1:00 <u>Alicia's France Travel Show</u> 1:00 Parachute game & sing along 2:00 Snacks & Memory Lane	21 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Fresh Orange Juice Social 11:00 Morning Exercise 1:00 Ball conversation 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	22 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Variety Hour 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 Match Game 2:00 Snacks & Trivia	23 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Brain Quest 11:00 Sittercise 1:00 Tables games & puzzles 1:00 <u>Memories in the making</u> 2:00 Snacks & Discussion	24 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Chinese New Year Social 11:00 Get Groovy Exercise 1:00 Sorting activity 2:00 Snacks & Table Games	
27 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Famous Faces Reminisce 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Basketball & Reminisce 2:00 Snacks & Memory Lane	28 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Travel Tuesday w/passport 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	29 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Variety Hour 11:00 Sit and Get Fit 1:00 Word games & Sing along 2:00 Snacks & Trivia	30 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Bethany Christian 1st graders</u> 11:00 Sittercise 1:00 Montessori Activity Cart 1:00 <u>Memories in the making</u> 2:00 Snacks & Discussion	31 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Discussion Group 11:00 Get Groovy Exercise 1:00 <u>Rena on the Piano</u> 1:00 Slot ball & Reminisce 2:00 Snacks & Table Games	
					HAPPY BIRTHDAY! <div> <div>1/1 Elsie A.</div> <div>1/7 Sara S.</div> <div>1/1 Mary T.</div> <div>1/8 Mike B.</div> <div>1/4 Robert F.</div> <div>1/21 Mike W.</div> <div>1/6 Len E.</div> <div>1/30 Myra O.</div> </div> Dining Room Hours Morning Snack @ 8:30-10am Lunch @ 11:30pm - Afternoon Snack @ 2:00pm Program Hours Monday - Friday 9:00am-3:00pm Extended Hours Monday - Friday 7:30am - 9:00am 3:00pm - 5:30pm

Friendship Calendar

January 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Years Day! Center Closed	2 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Sing along & Reminisce</u> 11:00 Sittercise 1:00 <u>David Kramer's Musical Hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	3 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Welcome January Social 11:00 Get Groovy Exercise 1:00 Movie Hour 2:00 Snacks & Table Games	
6 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Wheel of Fortune Fun 11:00 Sittercise 1:00 <u>Sunshine Club</u> 2:00 Snacks & Memory Lane	7 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Active game & trivia 10:00 Story wise cards 11:00 Morning Exercise 1:00 Animal video & Kick ball 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	8 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Elvis Presley Celebration 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 Elvis video & Balloon swat 2:00 Snacks & Trivia	9 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Table ball roll & sing along 11:00 Sittercise 1:00 <u>George Clark Performs</u> 1:00 <u>Memories in the making</u> 2:00 Snacks & Discussion	10 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Magic w/ Gerry</u> 1:00 Get Groovy Exercise 1:00 Table games & coloring 2:00 Snacks & Table Games	
13 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>John Monday Performs</u> 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Bullseye game & Hollywood cards 2:00 Snacks & Memory Lane	14 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Peaches taste & talk 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	15 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Phil on the Guitar</u> 10:00 <u>Men's Group w/ Jim</u> 11:00 Sit and Get Fit 1:00 Let's travel to... & Balloon toss 2:00 Snacks & Trivia	16 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Chicken soup stories & kick ball 11:00 Sittercise 1:00 <u>David Kramer's Musical Hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	17 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Hat Day contest & Dance party! 11:00 Get Groovy Exercise 1:00 Tables games & ball toss 2:00 Snacks & Table Games	
20 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Painting & Karaoke 11:00 Sittercise 1:00 <u>Alicia's France Travel Show</u> 1:00 Parachute & sing along 2:00 Snacks & Memory Lane	21 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Fresh Orange Juice Social 11:00 Morning Exercise 1:00 Penguin Craft 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	22 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Variety Hour 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 Weird but true facts 2:00 Snacks & Trivia	23 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Table games & puzzles 11:00 Sittercise 1:00 <u>Balloon swat & animal video</u> 1:00 <u>Memories in the making</u> 2:00 Snacks & Discussion	24 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Chinese New Year Social 11:00 Get Groovy Exercise 1:00 Animal Videos 2:00 Snacks & Table Games	
27 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Stories & Parachute game 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Parachute game & sing along 2:00 Snacks & Memory Lane	28 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Reminisce & Balloon toss 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	29 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Variety Hour 11:00 Sit and Get Fit 1:00 Slot ball & Let's travel to... 2:00 Snacks & Trivia	30 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Bethany Christian 1st graders</u> 11:00 Sittercise 1:00 <u>Table ball & weird but true facts</u> 1:00 <u>Memories in the making</u> 2:00 Snacks & Discussion	31 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Sing along & bulls eye game 11:00 Get Groovy Exercise 1:00 <u>Rena on the Piano</u> 1:00 Slot ball & Reminisce 2:00 Snacks & Table Games	
					HAPPY BIRTHDAY! <div> <div>1/1 Elsie A.</div> <div>1/7 Sara S.</div> <div>1/1 Mary T.</div> <div>1/8 Mike B.</div> <div>1/4 Robert F.</div> <div>1/21 Mike W.</div> <div>1/6 Len E.</div> <div>1/30 Myra O.</div> </div> Dining Room Hours Morning Snack @ 8:30-10am Lunch @ 11:30pm - Afternoon Snack @ 2:00pm Program Hours Monday - Friday 9:00am-3:00pm Extended Hours Monday - Friday 7:30am - 9:00am 3:00pm - 5:30pm

January 2020

* Special Announcements *

2020 Senior Concerns Path To Positive Aging Series

Tuesday, January 21, from 4:00-5:30pm
Title: Transforming Your Relationship with Food
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Seating is limited - to reserve your seat for call (805) 497-0189 or register online at www.seniorconcerns.org/seminars/
Complimentary Respite care is available for seniors with your advance reservation.

Senior Concerns' Caregiver Support Group

Our support group offers caregivers and supporters of frail, special needs or memory impaired seniors the vital information and support they need. The group meets every 2nd and 4th Friday of every month from 9:30-11:00am, here at Senior Concerns, 401 Hodencamp Rd., Thousand Oaks. To learn more please call (805) 497-0189.

Senior Concerns 2019 Holiday Closures:

New Years Day	Wednesday	01/01/20
Presidents Day	Monday	02/17/20
Memorial Day	Monday	05/25/20
Independence Day	Friday	07/03/20
Labor Day	Monday	09/07/20
3pm Early Closure	Wednesday	11/25/20
Thanksgiving Day	Thursday	11/26/20
Day after Thanksgiving	Friday	11/27/20
3pm Early Closure	Thursday	12/24/20
In observance of Christmas Day	Friday	12/25/20
3pm Early Closure	Thursday	12/31/20
In Observance of New Years Day	Friday	01/01/21

Additional Days

If you need additional days or to change scheduled days for your loved one please call (805)497-0189.

Wish List

This year we have created a **"Wish List" on Amazon** of items our staff would like to add to the program. If you purchase an item it will be sent directly to us! Please be sure to include a note with your gift so we can properly thank you! Purchasing from Senior Concerns' Amazon Wish list is EASY! Go to www.amazon.com
· Click on "Lists" (top right hand corner) · Click on "Find a List or Registry" · Search for Senior Concerns

Thank you for your continued support



Fitzgerald January Activity Calendar



401 Hodencamp Road, Thousand Oaks, CA 91360

(805) 497-0189

www.seniorconcerns.org