



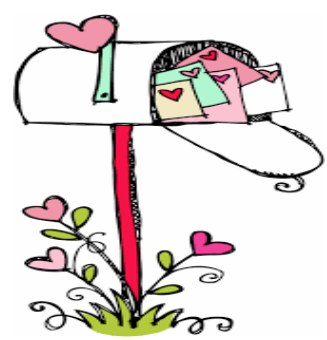















Funseekers' Calendar

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					 2/15 Wilma B. 2/15 Zolton V. 2/25 Herb A. 2/26 Bill T. 2/28 Mina G.
3 9:00 Coffee Klatch 9:30 News & Discussion 10:00 American Painters' Day Social 11:00 Sittercise 1:00 Musical Hour 2:00 Snacks & Memory Lane	4 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Paula Jones on the piano 11:00 Morning Exercise 1:00 Headbandz & kick ball 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	5 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Phil on the Guitar 10:00 <u>Men's Group</u> 11:00 Sit and Get Fit 1:00 Geography Spelling Bee 2:00 Snacks & Trivia	6 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Celebrate Hank Aaron & Babe Ruth 11:00 Sittercise 1:00 <u>David Kramer's musical hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	7 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Welcome February Social 1:00 Get Groovy Exercise 1:00 <u>Gunsalus Kid's Perform</u> 1:00 Parachute & sing along 2:00 Snacks & Table Games	
10 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Football Match game 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Bullseye game & Hollywood cards 2:00 Snacks & Memory Lane	11 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Valentine's Tea Party 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	12 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Art Trek Craft Project</u> 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 Valentine's Match Game 2:00 Snacks & Trivia	13 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Bethany Christian kinder gardeners</u> 10:30 Fill in the blank word game 11:00 Sittercise 1:00 <u>George Clark Performs</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	14 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Balloon toss & word game 11:00 Get Groovy Exercise 1:00 Valentines Day Party! 2:00 Snacks & Table Games	
17 Center Closed 	18 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Chair yoga w/ Kathleen</u> 11:00 Morning Exercise 1:00 <u>The Humdingers perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	19 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Phil on the Guitar</u> 10:00 <u>Men's Group</u> 11:00 Sit and Get Fit 1:00 <u>Rena on the Piano</u> 1:00 Active game & sing along 2:00 Snacks & Trivia	20 9:00 Coffee Klatch 9:30 News & Discussion 10:00 60's Reminisce 11:00 Sittercise 1:00 <u>David Kramer's musical hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	21 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Magic w/ Gerry</u> 11:00 Get Groovy Exercise 1:00 Bingo Bash! 2:00 Snacks & Table Games	
24 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Pre Mardi Gras Celebration 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Slot ball & Reminisce 2:00 Snacks & Memory Lane	25 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Forever Young singers Perform</u> 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	26 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Variety Hour 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 Short comedic videos 2:00 Snacks & Trivia	27 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Chair Yoga w/ Kathleen</u> 11:00 Sittercise 1:00 <u>Sing along & California trivia</u> 2:00 Snacks & Discussion	28 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Are you smarter than a 5th grader? 11:00 Get Groovy Exercise 1:00 <u>Reminisce w/ Ronnie</u> 1:00 <u>Sunshine Club Performs</u> 2:00 Snacks & Table Games	Dining Room Hours Morning Snack @ 8:30-10am Lunch @ 11:30pm - Afternoon Snack @ 2:00pm Program Hours Monday - Friday 9:00am-3:00pm Extended Hours Monday - Friday 7:30am - 9:00am 3:00pm - 5:30pm





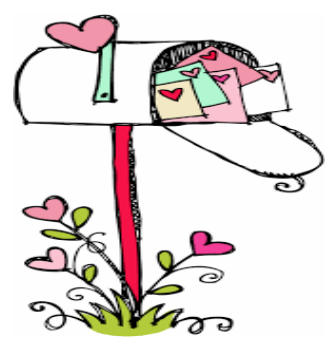




Fitzgerald's Calendar

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					 2/15 Wilma B. 2/15 Zolton V. 2/25 Herb A. 2/26 Bill T. 2/28 Mina G.
3 9:00 Coffee Klatch 9:30 News & Discussion 10:00 American Painters' Day Social 11:00 Sittercise 1:00 Reading Challenge 2:00 Snacks & Memory Lane	4 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Paula Jones on the piano</u> 11:00 Morning Exercise 1:00 Geography Trivia 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	5 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Phil on the Guitar</u> 10:00 <u>Men's Group</u> 11:00 Sit and Get Fit 1:00 Musical Reminisce 2:00 Snacks & Trivia	6 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Celebrate Hank Aaron & Babe Ruth 11:00 Sittercise 1:00 <u>David Kramer's musical hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	7 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Welcome February Social 1:00 Get Groovy Exercise 1:00 <u>Gunsalus Kid's Perform</u> 1:00 Parachute & sing along 2:00 Snacks & Table Games	
10 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Music Instruments match game 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Bullseye game & Hollywood cards 2:00 Snacks & Memory Lane	11 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Valentine's Tea Party 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	12 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Art Trek Craft Project</u> 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 All about Abraham Lincoln 2:00 Snacks & Trivia	13 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Bethany Christian kinder gardeners</u> 10:30 Fill in the blank word game 11:00 Sittercise 1:00 <u>George Clark Performs</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	14 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Valentine's day arts & crafts 11:00 Get Groovy Exercise 1:00 Valentines Day Party! 2:00 Snacks & Table Games	
17 Center Closed 	18 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Reminisce & Match game 11:00 Morning Exercise 1:00 <u>The Humdingers perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	19 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Phil on the Guitar</u> 10:00 <u>Men's Group</u> 11:00 Sit and Get Fit 1:00 <u>Rena on the Piano</u> 1:00 Active game & sing along 2:00 Snacks & Trivia	20 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Corn hole game & word game 11:00 Sittercise 1:00 <u>David Kramer's musical hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	21 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Magic w/ Gerry</u> 11:00 Get Groovy Exercise 1:00 Life Skills activity 2:00 Snacks & Table Games	
24 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Pre Mardi Gras Celebration 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Slot ball & Reminisce 2:00 Snacks & Memory Lane	25 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Forever Young singers Perform</u> 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	26 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Variety Hour 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 Memory Box activity 2:00 Snacks & Trivia	27 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Art Trek Craft Project</u> 11:00 Sittercise 1:00 Noodle volleyball & trivia 2:00 Snacks & Discussion	28 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Movie hour "Rudy" 11:00 Get Groovy Exercise 1:00 <u>Reminisce w/ Ronnie</u> 1:00 <u>Sunshine Club Performs</u> 2:00 Snacks & Table Games	Dining Room Hours Morning Snack @ 8:30-10am Lunch @ 11:30pm - Afternoon Snack @ 2:00pm Program Hours Monday - Friday 9:00am-3:00pm Extended Hours Monday - Friday 7:30am - 9:00am 3:00pm - 5:30pm

Friendship's Calendar

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					 2/15 Wilma B. 2/15 Zolton V. 2/25 Herb A. 2/26 Bill T. 2/28 Mina G.
3 9:00 Coffee Klatch 9:30 News & Discussion 10:00 American Painters' Day Social 11:00 Sittercise 1:00 Popcorn & a movie 2:00 Snacks & Memory Lane	4 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Paula Jones on the piano</u> 11:00 Morning Exercise 1:00 Puzzles & table games 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	5 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Phil on the Guitar 10:00 <u>Men's Group</u> 11:00 Sit and Get Fit 1:00 Slot ball & sing along 2:00 Snacks & Trivia	6 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Celebrate Hank Aaron & Babe Ruth 11:00 Sittercise 1:00 <u>David Kramer's musical hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	7 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Welcome February Social 1:00 Get Groovy Exercise 1:00 <u>Gunsalus Kid's Perform</u> 1:00 Parachute & sing along 2:00 Snacks & Table Games	
10 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Stories & table ball roll 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Bullseye game & Hollywood cards 2:00 Snacks & Memory Lane	11 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Valentine's Tea Party 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	12 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Art Trek Craft Project</u> 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 Valentine's coloring pages 2:00 Snacks & Trivia	13 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Bethany Christian kinder gardeners</u> 10:30 Fill in the blank word game 11:00 Sittercise 1:00 <u>George Clark Performs</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	14 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Valentine's day craft 11:00 Get Groovy Exercise 1:00 Valentines Day Party! 2:00 Snacks & Table Games	
17 Center Closed 	18 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Weird but true facts & active game 11:00 Morning Exercise 1:00 <u>The Humdingers perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	19 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Phil on the Guitar</u> 10:00 <u>Men's Group</u> 11:00 Sit and Get Fit 1:00 <u>Rena on the Piano</u> 1:00 Active game & sing along 2:00 Snacks & Trivia	20 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Let's travel to... & active game 11:00 Sittercise 1:00 <u>David Kramer's musical hour</u> 1:00 <u>Creative Expressions</u> 2:00 Snacks & Discussion	21 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Magic w/ Gerry</u> 11:00 Get Groovy Exercise 1:00 Kiwi taste & talk 2:00 Snacks & Table Games	
24 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Pre Mardi Gras Celebration 11:00 Sittercise 1:00 <u>Mark Monson on the Piano</u> 1:00 Slot ball & Reminisce 2:00 Snacks & Memory Lane	25 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Forever Young singers Perform</u> 11:00 Morning Exercise 1:00 <u>Goebel strummers Perform</u> 1:00 <u>Women's Group</u> 2:00 Snacks & Reminisce	26 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Variety Hour 10:00 <u>Christian Life</u> 11:00 Sit and Get Fit 1:00 Kick ball & animal videos 2:00 Snacks & Trivia	27 9:00 Coffee Klatch 9:30 News & Discussion 10:00 <u>Art Trek Craft Project</u> 11:00 Sittercise 1:00 <u>Table games & balloon swat</u> 2:00 Snacks & Discussion	28 9:00 Coffee Klatch 9:30 News & Discussion 10:00 Painting & Reminisce 11:00 Get Groovy Exercise 1:00 <u>Reminisce w/ Ronnie</u> 1:00 <u>Sunshine Club Performs</u> 2:00 Snacks & Table Games	Dining Room Hours Morning Snack @ 8:30-10am Lunch @ 11:30pm - Afternoon Snack @ 2:00pm Program Hours Monday - Friday 9:00am-3:00pm Extended Hours Monday - Friday 7:30am - 9:00am 3:00pm - 5:30pm

February 2020

* Special Announcements *

2020 Senior Concerns Path To Positive Aging Series

Tuesday, February 25th, from 4:00-5:30pm
Title: Alzheimer's Disease: Know the 10 Signs

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Seating is limited - to reserve your seat for call (805) 497-0189 or
register online at www.seniorconcerns.org/seminars/
Complimentary Respite care is available for seniors with your advance reservation.

Senior Concerns' Caregiver Support Group

Our support group offers caregivers and supporters of frail, special needs or memory impaired seniors the vital information and support they need. The group meets every 2nd and 4th Friday of every month from 9:30-11:00am, here at Senior Concerns, 401 Hodencamp Rd., Thousand Oaks. To learn more please call (805) 497-0189.

Senior Concerns 2019 Holiday Closures:

New Years Day	Wednesday	01/01/20
Presidents Day	Monday	02/17/20
Memorial Day	Monday	05/25/20
Independence Day	Friday	07/03/20
Labor Day	Monday	09/07/20
3pm Early Closure	Wednesday	11/25/20
Thanksgiving Day	Thursday	11/26/20
Day after Thanksgiving	Friday	11/27/20
3pm Early Closure	Thursday	12/24/20
In observance of Christmas Day	Friday	12/25/20
3pm Early Closure	Thursday	12/31/20
In Observance of New Years Day	Friday	01/01/21

Additional Days

If you need additional days or to change scheduled days for your loved one please call (805)497-0189.

Wish List

This year we have created a **"Wish List" on Amazon** of items our staff would like to add to the program. If you purchase an item it will be sent directly to us! Please be sure to include a note with your gift so we can properly thank you! Purchasing from Senior Concerns' Amazon Wish list is EASY! Go to www.amazon.com
· Click on "Lists" (top right hand corner) · Click on "Find a List or Registry" · Search for Senior Concerns

Thank you for your continued support



Friendship's February Activity Calendar



401 Hodencamp Road, Thousand Oaks, CA 91360

(805) 497-0189

www.seniorconcerns.org