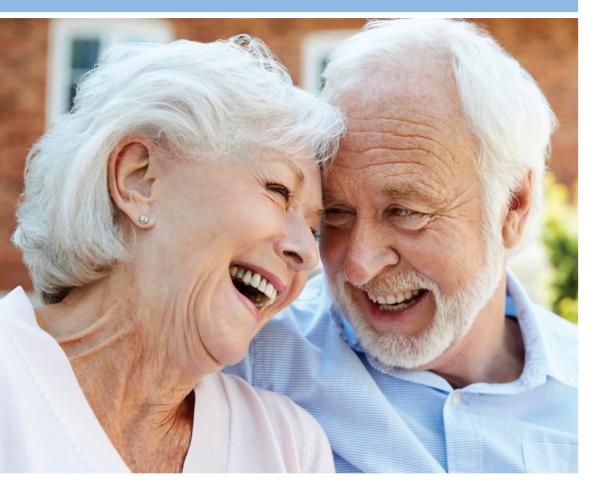
Community Impact Update 2019





Accomplishments by the Numbers



Conejo Valley seniors and family caregivers served



Family caregivers supported and honored at Senior Concerns' 4th Annual Caregiver Recognition Day



Conejo Valley's **only Alzheimer's and dementia care** Adult Day Program



Nutritious meals delivered to homebound seniors through our Meals On Wheels program



Program areas of focus:

Health Security, Financial Resilience,

Caregiver Support, and Education and Advocacy



Scholarship dollars awarded to low-income seniors who receive **Meals On Wheels** or attend our **Adult Day Program**











Stakeholder meetings, workshops and presentations held annually within the community



Seniors provided **legal, economic or healthcare counseling**



Percentage of your generous contributions spent on Senior Concerns programs and services



Percentage of Senior Concerns' operating budget that comes from the State of California



Readership circulation of Senior Concerns' columns in the **Acorn** and **Ventura County Star**



Senior housing facility residents who have access to information/counseling through Senior Concerns.



Value of donated goods and space to our Bargain Boutique and Thrift Store



When we stop to think about the contributions our elders brought to make us the amazing community we are, it makes great sense that we have a place like Senior Concerns that honors and cares for those who helped us to enjoy the freedoms we have today.

We hope you will consider a donation to Senior Concerns. Your generosity will help ensure we can provide expert and caring assistance to older adults and their families as they navigate the complex system of aging care.

To prior contributors, the best way to thank you for your support is to keep you informed of the outcome. I invite you to view our 2019 Impact Report. You have played such an important role in our success and your help won't be forgotten.

President. Senior Concerns



GuideStar 5 out of 5

based on 25 independent reviews



May & Stanley Smith Charitable Trus









June 7. 2020



Thousand Oaks. CA



September 26, 2020

Dear Friend,

As many of us focus on the struggles impacting the health of seniors in our community, all of us have a vital partner in Senior Concerns.

We are the leading community-based organization addressing social determinants of health. Social determinants of health have recently taken center stage, as individuals are living longer and endeavor to live well in our community.

Finances, nutrition, housing, access to services, transportation, caregiving, social connectedness and aging literacy all have a profound impact on a senior's health and quality of life.

Senior Concerns has enjoyed a 45-year history of offering community-based programs to address multiple social determinants and encourage seniors and their family caregivers to achieve their best possible well-being as they age.

Our Adult Day Program offers social connections, nutritious meals, access to transportation, and assistance with Activities of Daily Living for seniors with cognitive or physical impairment. Because it is a day program, we also enable seniors to remain in community, with family, friends and pets, either as a stopgap or long-term solution.

Our Meals On Wheels Program provides at-home food insecurity screenings, nutritious meals, safety checks and a break from social isolation for homebound seniors. The program also identifies seniors who may need additional support and connects them with the best available resources to meet their needs.

Our Caregiver Support Center offers advocacy for family caregivers through one-on-one counseling, social support, information, education and connection to care coordination services, including assisted living referrals.

Our **Senior Advocates** provide information, education and one-on-one counseling regarding benefit programs to meet seniors' needs; including Social Security, Veteran's benefits, Medicare and Medi Cal, affordable housing, food programs, transportation, access to pro bono legal and financial services and home modifications services.

At Senior Concerns we believe older adults have a lifetime of knowledge and experience and are valuable resources to our community. We touch lives and change them for the better.



Please consider a donation so that we can continue our vital work. Go to https://www.seniorconcerns.org/product/general-donation/

Sincerely,

Board Chair, Senior Concerns

Have Fun, Give Back, Get Involved! Here's where we need your help...

Volunteer at our...

Bargain Boutique and Thrift Store Contact Irene Tardif Tuesday – Saturday 10 AM – 4 PM 805-373-0504 or bargainboutique@seniorconcerns.org

Share your talent or skill at our...

Adult Day Program Contact Martha Shapiro Monday – Friday 8 AM – 4 PM 805-497-0189 or mshapiro@seniorconcerns.org

Help with our fundraisers...

Love Run: July 7, 2020 Ultimate Dining Experience: Sept 26,2020

Deliver...

Meals on Wheels Contact Susan Grayson Monday – Friday 9 AM – 4 PM 805-496-2009 or mow@seniorconcerns.org

or Join our Board!









Serving Thousand Oaks, Newbury Park, Westlake Village, Agoura Hills, Oak Park, Simi Valley and Moorpark

SENIOR CONCERNS

401 Hodencamp Road Thousand Oaks, CA 805.497.0189

SIMI VALLEY SENIOR CENTER

3900 Avenida Simi Simi Vallev. CA 805.583.6363

GOEBEL ADULT COMMUNITY CENTER

1385 E. Janss Road Thousand Oaks, CA 805.495.6250

AGOURA HILLS RECREATION CENTER

29900 Ladyface Court Agoura Hills, CA 818.597.7361

Our 501(c)(3) Non-Profit Organization Taxpaver ID is 95-2992927.

Your gift may qualify for a corporate match through your employer, thereby furthering your support even more. Check with your employer's Human Resources Office for more information.

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