## Community Impact Update 2019

### Senior Concerns

**Serving Seniors & Their Family Caregivers**

## Accomplishments by the Numbers

<table>
<thead>
<tr>
<th>Item</th>
<th>Number</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>13,000</td>
<td>Conejo Valley seniors and family caregivers served</td>
<td></td>
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<tr>
<td>250</td>
<td>Family caregivers supported and honored at Senior Concerns’ 4th Annual Caregiver Recognition Day</td>
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<tr>
<td>1</td>
<td>Conejo Valley’s only Alzheimer’s and dementia care Adult Day Program</td>
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<tr>
<td>37,000</td>
<td>Nutritious meals delivered to homebound seniors through our Meals On Wheels program</td>
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<tr>
<td>4</td>
<td>Program areas of focus: Health Security, Financial Resilience, Caregiver Support, and Education and Advocacy</td>
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<tr>
<td>$121,500</td>
<td>Scholarship dollars awarded to low-income seniors who receive Meals On Wheels or attend our Adult Day Program</td>
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<tr>
<td>70</td>
<td>Stakeholder meetings, workshops and presentations held annually within the community</td>
<td></td>
</tr>
<tr>
<td>1,100</td>
<td>Seniors provided legal, economic or healthcare counseling</td>
<td></td>
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<tr>
<td>77</td>
<td>Percentage of your generous contributions spent on Senior Concerns programs and services</td>
<td></td>
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<tr>
<td>0</td>
<td>Percentage of Senior Concerns’ operating budget that comes from the State of California</td>
<td></td>
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<tr>
<td>150,000</td>
<td>Readership circulation of Senior Concerns’ columns in the Acorn and Ventura County Star</td>
<td></td>
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<tr>
<td>155</td>
<td>Senior housing facility residents who have access to information and counseling through Senior Concerns</td>
<td></td>
</tr>
<tr>
<td>$130,000</td>
<td>Value of donated goods and space to our Bargain Boutique and Thrift Store</td>
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401 Hodencamp Road, Thousand Oaks, CA 91360
805.497.0189 | www.seniorconcerns.org

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Dear Friend,

As many of us focus on the struggles impacting the health of seniors in our community, all of us have a vital partner in Senior Concerns.

Senior Concerns has enjoyed a 45-year history of offering community-based programs to address multiple social determinants and encourage seniors and their family caregivers to achieve their best possible well-being as they age.

Our Adult Day Program offers social connections, nutritious meals, access to transportation, and assistance with Activities of Daily Living for seniors with cognitive or physical impairment. Because it is a day program, we also enable seniors to remain in community, with family, friends and pets, either as a stopgap or long-term solution.

Our Meals On Wheels Program provides at-home food insecurity screenings, nutritious meals, safety checks and a break from social isolation for homebound seniors. The program also identifies seniors who may need additional support and connects them with the best available resources to meet their needs.

Our Caregiver Support Center offers advocacy for family caregivers through one-on-one counseling, social support, education and advice on care coordination services, including assisting with living referrals.

Our Senior Advocates provide information, education and one-on-one counseling regarding benefit programs to meet seniors’ needs, including Social Security, Veteran’s benefits, Medicare and Medi-Cal, affordable housing, food programs, transportation, access to pro bono legal and financial services and home modifications services.

At Senior Concerns we believe older adults have a lifetime of knowledge and experience and are valuable resources to our community. We touch lives and change them for the better.

Please consider a donation so that we can continue our vital work.

Go to https://www.seniorconcerns.org/product/general-donation/

Sincerely,

Patricia Jones
Board Chair, Senior Concerns

Serving Thousand Oaks, Newbury Park, Westlake Village, Agoura Hills, Oak Park, Simi Valley and Moorpark

GOEBEL ADULT COMMUNITY CENTER
1385 E. Janss Road
Thousand Oaks, CA
805.495.6230

SIMI VALLEY SENIOR CENTER
3800 Avenida Simi
Simi Valley, CA
805.583.6363

AGOURA HILLS RECREATION CENTER
29900 Ladyface Court
Agoura Hills, CA
818.597.7361

Our 501(c)(3) Non-Profit Organization TaxID # is 95-2992937
Your gift may qualify for a corporate match through your employer, thereby furthering your support even more.
Check with your employer’s Human Resources Office for more information.