



# Dealing with Dementia Workshop

*Via Zoom*

Developed by the Rosalynn Carter  
Institute for Caregiving  
(RCI)

*Caregivers who attend this four-hour online workshop will receive  
a copy of the Dealing With Dementia Guide*

**January 26, 2023  
and  
January 27, 2023**

**1 pm to 3 pm**

**\$50 fee includes  
books & materials**

**REGISTER HERE!**

- ▶ Gain a better understanding of Dementia
- ▶ Utilize strategies to effectively manage dementia behaviors
- ▶ Develop habits of stress management and self-care

**Facilitated By:**

Martha Shapiro, LCSW  
*and*

Elsa Fraire, Senior Advocate

**For more information contact 805.497.0189**

▶ Zoom link will be sent by email ▶ Dealing with Dementia Guide can be picked up at Senior Concerns, or delivered prior to workshop upon payment receipt. ▶ Certificate of Completion will be emailed to participants following workshop.