Conejo Valley

NO WRONG DOOR

Access | Options | Answers

Supporting Older Adults and Caregivers



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211 Ventura County

https://211ventura.org/about-us/ Dial 211

ACTION Foundation

https://www.actionvc.org/ (805) 987-0300

Adult Protective Services

https://www.ventura.org/human-services-agency/adult-protective-services/

Adult Abuse & Neglect Hotline: (805) 654-3200

Advanced Adult Day Health Care

https://www.advancedadhc.com/services (805) 526-7629

Adventist Health Simi Valley

https://www.adventisthealth.org/simi-valley/services/ (805) 955-6000

Alzheimer's Association

https://www.alz.org/cacentralcoast 24/7 Helpline: (800) 272-3900

Area Housing Authority

https://www.ahacv.org/housing_programs.shtml (805) 480-9991

Assisted Home Health & Hospice Foundation

https://assistedcares.com/what-makes-us-different/hospice-foundation/ (805) 379-3656

Braille Institute

 $https://www.brailleinstitute.org/services-for-blind-adults\ 800-272-4553$

Brain Injury Center of Ventura County

https://www.braininjurycenter.org/services/(805) 482-1312

Camarillo Healthcare District

https://www.camhealth.com/ (805) 388-1952

Cancer Support Community VVSB

https://www.cancersupportvvsb.org/programs/(805) 379-4777

CAREGIVERS—Volunteers Assisting the Elderly

https://www.vccaregivers.org/services.php (805) 658-8530

City of Thousand Oaks Dial-A-Ride

https://www.toaks.org/departments/public-works/transit/dial-a-ride (805) 375-5467

Clinicas de Camino Real

https://www.clinicas.org/services (866) 885-7900

CLU Community Counseling

https://www.callutheran.edu/graduate-psychology/centers.html

https://www.clucounseling.org/ Westlake: (805) 493-3390 Oxnard: (805) 493-3059

Coast Caregivers/Cottage Health

https://www.cottagehealth.org/services/rehabilitation/caregiver-services/(805) 569-8950, ext. 1.

Community Action

https://www.ca-vc.org/ (805) 436-4021 or (805) 436-4000

Community Conscience

https://communityconscience.org/agencies/ Individual phone numbers on website

Conejo Valley Village

https://www.conejovalleyvillage.org (805) 372-1826

Darancare Health Corporation

https://www.darancarehealth.com/ (805) 482-0728

Food Share

https://foodshare.com/programs/#seniorprograms Food Kits: Iris Salazar, CSFP Intake Manager, at (805)

983-7100 ext. 157

Senior Nutrition: Go to website for individual numbers

Gold Coast Veterans Foundation

https://gcvf.org/# (805) 482-6550

Habitat for Humanity Preserve a Home Program

https://www.habitatventura.org/homerepairs/homerepair@habitatventura.org Jacqueline Jimenez at (805) 485-6065, x110

Harbor House

http://www.harborhouseto.org/programs.html (855) 427-2672

Independent Living Resource Center

http://www.ilrc-trico.org/our-services/

Kaiser

https://www.health.ka is erpermanente.org/southern-california

(833) 574-2273 (1(833)KP4CARE) (toll free)

Kids and Families Together

https://www.kidsandfamilies.org/ (805) 643-1446

Livingston Memorial Visiting Nurses Association

https://www.lmvna.org/ (805) 643-1446

Los Robles Hospital and Medical Center

https://losrobleshospital.com/services/ (805) 497-2727

Millennium Care Adult Day Health Care Center

https://www.millennium-care-adult-day.business.site/(805) 583-0859

Moorpark Active Adult Center

https://www.moorparkca.gov/200/Active-Adult-Center (805) 517-6261

Samaritan Center

https://samaritancentersimivalley.org/services-2/(805) 579-9166

Senior Centers:

Simi Valley: https://www.simivalley.org/departments/city-manager-s-office/community-programs-and-facilities/senior-center (805) 583-6363

Thousand Oaks: https://www.crpd.org/programs-sports/adults-seniors/ (805) 381-2744

Agoura Hills: http://www.ci.agoura-hills.ca.us/department/community-services-parks-recreation (818) 597-7361

Senior Concerns

https://www.seniorconcerns.org (805) 497-0189

Shop Ahoy

http://www.shopahoy.net/ (805) 236-1267

Sierra Vista Family Medical Clinic

https://www.sierravistafamilymedicalclinic.com/(805) 582-4000

Simi Valley Dial-A-Ride

https://www.simivalley.org/Home/Components/ ServiceDirectory/ServiceDirectory/150/309 (805) 583-6456

Simi Valley Free Clinic

https://www.freeclinicsv.com/services.html (805) 522-3733

Starkey

https://www.starkey.com/ (888) 244-9504

Sunshine Club

http://www.sunshineclub.net/ Chana Bryski (818) 991-0991

Tri Counties GLAD (Greater Los Angeles Agency

on Deafness) https://tcglad.org/ TTY: (805) 644-6323 VP: (805) 256-1053 Voice: (805) 644-6322

Tri Counties Regional Center (Persons with

Developmental Disabilities) https://www.tri-counties.org/what-we-do/servicedescriptions/ (805) 485-3177 or (800) 664-3177

Ventura County Area Agency on Aging

https://www.vcaaa.org/our-services/(805)477-7300

Ventura County Behavioral Health

http://www.vcbh.org (866) 998-2243

Ventura County Coalition for Compassionate Care

http://www.vcccc.org/

Ventura County Healthcare/Thousand Oaks

http://www.vchca.org/ (805) 677-5110

Veteran Services of Ventura County

https://www.ventura.org/human-services-agency/hsa-services/

ACTION FOUNDATION

- Minor repairs
- Yard Work • Grab Bar Installatio
- Handicap Ramps

CANCER SUPPORT

- **COMMUNITY VVSB** Cancer Support Groups &
- Healthy Lifestyle Classe
- Special Events
- 888.793.9355

AIN INJURY CENTER C **VENTURA COUNTY**

- Care Transitions— Hospital to Home
- Individual Support &
- aining & Skill Develo • Resource Librar

ADULT PROTECTIVE SERVICES

- Helps to ensure the safety and
- Investigates allegations of abuse and neglect

Short-term case managem

CONEJO VALLEY VILLAGE

- A Membership Program Transportation
- Minor Home Repairs
- Safety Checks Vendor Referrals
- Pet Care Assistance Social Activities
- Education/Recreation Volunteer Opportung

ABITAT FOR HUMANI **PRESERVE A HOME**

- **PROGRAM**

OF VENTURA COUNTY Energy Efficient Home Repairs

IMMUNITY ACTION

Home Energy Assist

MOORPARK ACTIVE ADULT CENTER

- Free Health Screenings Information and
- Referral Services • Dance & Exercise Classo
- photography, arts, & craft

Education Classes

- - Grief Support
 - Caregivers

URSES ASSOCIATIO

OLD COAST VETERAL **FOUNDATION**

- Healing & Wellness Jobs
- Business Leadership

COAST CAREGIVERS (Cottage Health)

- Education
- Support Groups
- Counseling

VENTURA COUNTY HEALTHCARE AGENCY (TO)

- One Stop Clinic
- Behavioral Health Adult Wellness &
- Recovery Center

- Health Promo & Educati

VETERAN SERVICES OF

- **VENTURA COUNTY** Claims to the VA for service-connected compensation
- Pension for wartime veterans with Non-service-connected disabilities
- California Tuition Fee Waiver Program Memorial benefits
 - VA Life Insurance

LZHEIMER'S ASSOC

- Education

LINICAS DE CAMINO REA

(Simi/Newbury Park)

Healthcare

Dental

INDEPENDENT LIVING

RESOURCE CENTER

Housing

Personal Assistance

Interpreting

Peer Support

Assistive Technology

Help for the Blind

Advocacy and Resource

- Care Options Support Groups
- Respite Grants

- Caregiver Consultation

Conejo Free Clinic

CAMARILLO HEALTHCARE DISTRICT

Adult Day Care

Transportation

Caregiver Support

Care Transitions

Evidence Based Programs

- Fall Prevention

 Health Screenings Lifeline

Senior Nutrition

Senior Support Line

- County of Ventura Human Services Fit 4 The Cause
- Hospice of the Conejo

COMMUNITY CONSCIENCE

 Lutheran Social Services Villa Esperanza

SUNSHINE CLUB

BRAILLE INSTITUTE

Low Vision Consultation

• Educational, Social, and

Recreational Classes fo

Adults, Geared Toward

SENIOR CONCERNS Food Banks Therapeutic Adult Day Services

VENTURA COUNTY

BEHAVIORIAL HEALTH

Mental Health Services

Assessment & Referral

Mobile Crisis Response Tea

Education & Outreach

Support Groups

RISE Program

KAISER

Healthcare

Medicare Part C

Wellness Coaching

FOOD SHARE

Senior Food Kits

Senior Nutrition

STARKEY

• Hearing Care Coordinators

- Meals On Wheels
 - Senior Advocacy
 - Caregiver Support

CAREGIVERS—

VOLUNTEERS ASSISTIN

THE ELDERLY

Respite

Friendly Visitor

- Residential Placement Referral
- Hospital to Home (dementia)
 - Home Modification Respite Grants
 - Case Management
- Pro Bono Legal/Financial Services

AREA HOUSING <u>AUTHORITY</u>

SENIOR CENTERS

Services may include:

Congregate Meals

Exercise Class

Health Insurance Counseling

Senior Advocates

Tax Preparation

- Section 8
- Agency Owned Housin

OS ROBLES HOSPITAL &

MEDICAL CENTER

Healthcare

Rehabilitation

Chronic Disease Education

Senior Care Department

TRI COUNTIES GLAD REATER LOS ANGELES AGENCY OF

DEAFNESS)

- Communication Assistance Peer Counseling
- Legal, Education, and Civil Rights

 - Ask and Advocate

SHOP AHOY

- shopping
- Public Housing

CITY OF

THOUSAND OAKS

Transportation

ASSISTED HOME HEALTH &

HOSPICE FOUNDATION

Home Health & Hospice Educatio

• Financial Assistance to Qualifying

Home Health and Hospice Pati

Paws to Love Program Provide

Pet Care

- Referrals
- Independent Living Skills

- Weekly grocery

HARBOR HOUSE for AT-RISK INDIVIDUALS & FAMILIES

- meless Management Information Syst (HMIS) Referrals on Housing, Emergency elter, Meals, Employment, Legal, Medical and
 - Psychological Services Street Outreach
- Case Management
- Adopt a Family for the Holiday Mentoring Program

VENTURA COUNTY AAA

- Aging & Disability Resource Cen
- Benefit Enrollment Center
- Case Management & Social Services Fall Prevention
- Health Insurance Counseling Senior Nutrition
- Dementia Friendly Ventura County LBGT+ Aging Coalition

IDS AND FAMILIE

<u>TOGETHER</u>

Grandparents Raising

Grandkids

CLU COMMUNITY

COUNSELING

Education

ARANCARE HEALT CORPORATION

Durable Medica

IMI VALLEY FREE CLIN

- Medical Services
- Counseling Services

Dental Services

Legal Services

SIERRA VISTA FAMILY MEDICAL CLINIC Medical Services

Case Management

SIMI VALLEY

DIAL A RIDE Transportation

Millennium Care Adult Day Health Care Center

- Adult Day Program
- A Variety of Health, Therapeut and Social Services Designed to Serve the Needs of Elderly and the Disabled Adults

Adventist Health

- Home Care

<u>211</u>

VENTURA COUNT

Social Service

DEVELOPMENTAL DISABILITIES • In-Home & Out of Home Respite

TRI COUNTIES REGIONAL

CENTER (PERSONS WITH

- Parent Coordinated Personal Assistant/ Personal Assistant
- Day Care Supplement Independent Living Supports
- Supported Living Services
- Family Home Agency (FHA) Safety Supports
- Transportation/Travel Trair

Individual Life Skills Mentoring

- Veteran Support, Services, and Housing Referral
- Temporary and Permanent Housing Assistance

SAMARITAN CENTER

Individual Case Management and Guidano

- Family Services Behavioral Health
- Job Searches, Resume Writing, Interview Skills
 - Dinner Sites Winter Shelter
- Medical and Dental Referrals
- Computer Access Auto and Bicycle Clinics

Food, Showers, Laundry

/ENTURA COUNTY

COALITION FOR

COMPASSIONATE CARE

Advanced Adult Day

Health Care

Adult Day Program

and Social Services Designed to

the Disabled Adults

• A Variety of Health, Therapeut

Life Planning Coali

- Simi Valley Medical Care
- Supportive and Palliat

