

# Dementia Friendly Ventura County

Presents

## Living Well, Caring Well

A One-Stop-Shop for people living with a dementia-related disease  
and their caregivers



**June 7, 2023  
1-3 p.m.**

Please stop by anytime in this time frame.  
Full two-hour attendance is not required.

**Goebel Adult Community Center  
Conejo Recreation & Park District  
1385 E. Janss Rd.  
Thousand Oaks, CA, 91362**



- Speak to industry professionals in person
- Easily navigate local resources
- Learn about services designed especially for you

- Adult Day Centers
- Adult Protective Services
- Alzheimer's Association
- Caregiver Resources
- Financial Resources
- Health Insurance Counseling & Advocacy
- In-Home Care
- Legal/Advanced Planning
- Long Term Care Ombudsman
- Neurology
- Public Benefit Programs (IHSS, Medi-Cal, and Cal Fresh)

The Living Well, Caring Well one-stop-shops will be offered quarterly throughout Ventura County. For more information, please email [LOIS.VCAAAA@ventura.org](mailto:LOIS.VCAAAA@ventura.org) or call (805) 477-7300.



[vcaaa.org/dfvc](http://vcaaa.org/dfvc)

Adapted from Dementia Friendly America