

Lifestyle Program: Memory Care Lifestyle Workshop



A workshop presented by the Pacific Neuroscience Institute designed for people with memory loss and their care partner to attend together.

When: Thursday, February 8th
2:00 - 3:30 pm

Location: Senior Concerns
401 Hodencamp Rd.
Thousand Oaks 91360

RSVP:

Space is limited — To register
call 805.497.0189 or email
MShapiro@SeniorConcerns.org.

- ✓ Memory Care designed for individuals with memory loss (early-stage Alzheimer's disease or dementia) and their care partners
- ✓ Providing memory techniques, stress-reduction strategies and innovative ways to stimulate the mind and body
- ✓ Offering support for care partners

Part of the Lifestyle Program at Pacific Neuroscience Institute®
providing holistic training to support brain health and enhance longevity.

PacificLifestyle.org