



*Open to individuals diagnosed with Parkinson's
and their care partners*

*Those diagnosed with Parkinson's
must come with their care partner.
If you would like to sign up
individually, please call Hannah at
805.497.0189.*

*When: 1st Tuesday of each month
2:30 — 4:00 pm*

*Location: In-Person at Senior Concerns
401 Hodencamp Road, Thousand Oaks
91360*

Support Group Schedule

2:30 pm: The Group will start with an educational presentation.

3:00 pm: The Group will separate into neighboring rooms.

Care Partners will participate in a Support Group Discussion.

Those diagnosed with Parkinson's will participate in an exercise program followed by a Support Group Discussion

Registration: Call (805) 497-0189

or at SeniorConcerns.org/parkinsons-support-group

Senior Concerns is a 501(c)(3) charitable organization Tax ID #95-2992927