



# Dealing with Dementia In-Person Workshop

At Senior Concerns

401 Hodencamp Rd. Thousand Oaks 91360

Developed by the Rosalynn Carter  
Institute for Caregiving  
(RCI)

*Caregivers who attend this four-hour workshop will receive  
a copy of the Dealing With Dementia Guide*

**February 5, 2024  
and**

**February 6, 2024**

**10:00 am —12:00 pm**

**\$50 fee includes  
books & materials**

**REGISTER HERE!**

- ▶ Gain a better understanding of Dementia
- ▶ Utilize strategies to effectively manage dementia behaviors
- ▶ Develop habits of stress management and self-care

**Facilitated By:**

Martha Shapiro, LCSW

*and*

Elsa Fraire, Senior Advocate

**For more information contact 805.497.0189**

- ▶ Dealing with Dementia Guide presented at the workshop.
- ▶ Certificate of Completion emailed to participants following the workshop.