



*Path to Positive Aging Series*

## Understanding Palliative Care

**Attend this workshop to gain an understanding of your Palliative and Hospice Care Options.**

- ✓ Learn about palliative care and hospice and the differences between them
- ✓ Understand how these care options work through insurance, what is covered and what is not
- ✓ Gain an understanding of how to coordinate with your physician, and understand end-of-life care options



**When:** April 18 3:00 - 4:00 pm

**Location:** In-person at Senior Concerns

**RSVP:** Register online at [SeniorConcerns.org/seminars](https://SeniorConcerns.org/seminars) or Call 805.497.0189

### Presented By

**Ellen Henehan, RN, CHPN** has an extensive career working as a nurse in the field of end-of-life care. She has worked for Buena Vista Hospice and most recently as a Palliative Care nurse for Los Robles Regional Medical Center.

**Katie Wiltfong, MSW** is a Medical Social Worker with 10 years of experience assisting retirees and agers of all types with their healthcare-related needs. She is the co-founder of *My Solo Aging Solutions*.