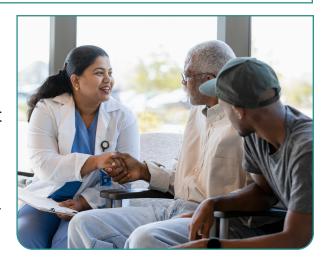


Path to Positive Aging Series Understanding Pallliative Care

Attend this workshop to gain an understanding of your Palliative and Hospice Care Options.

- Learn about palliative care and hospice and the differences between them
- Understand how these care options work through insurance, what is covered and what is not
- Gain an understanding of how to coordinate with your physician, and understand end-oflife care options



When: April 18 3:00 - 4:00 pm

Location: In-person at Senior Concerns

RSVP: Register online at SeniorConcerns.org/seminars or Call 805.497.0189

Presented By

Ellen Henehan, RN, CHPN has an extensive career working as a nurse in the field of end-of-life care. She has worked for Buena Vista Hospice and most recently as a Palliative Care nurse for Los Robles Regional Medical Center.

Katie Wiltfong, MSW is a Medical Social Worker with 10 years of experience assisting retirees and agers of all types with their healthcare-related needs. She is the co-founder of *My Solo Aging Solutions*.