

Dealing with Dementia In-Person Workshop At Senior Concerns 401 Hodencamp Rd. Thousand Oaks 91360 Developed by the Rosalynn Carter Institute for Caregiving (RCI)

Caregivers who attend this four-hour workshop will receive a copy of the Dealing With Dementia Guide

## March 4th & 5th, 2024

10:00 am —12:00 pm

## \$50 fee includes books & materials

# **REGISTER HERE!**

- Gain a better understanding of Dementia
- Utilize strategies to effectively manage dementia behaviors
- Develop habits of stress management and self-care

#### Facilitated By:

Martha Shapiro, LCSW and Elsa Fraire, Senior Advocate

### For more information contact 805.497.0189

Dealing with Dementia Guide presented at the workshop.
Certificate of Completion emailed to participants following the workshop.