

Making a Difference

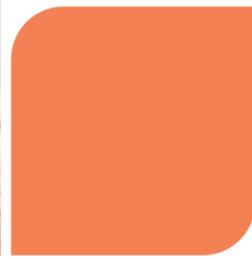


**Senior
Concerns**
Serving Seniors & Their Family Caregivers



Delivering programs and services as unique as our seniors.

SERVING THOUSAND OAKS, NEWBURY PARK, SIMI VALLEY, MOORPARK, WESTLAKE VILLAGE, AGOURA HILLS AND OAK PARK



For the past four decades,

Senior Concerns has provided high-quality, affordable support services to seniors and their families through innovative and effective programs aimed at fostering independence, well-being and self-esteem.

Older Adult Services

- Adult Day Program
- Meals on Wheels/Home Delivered Meals
- Senior Advocates - case management, information, referrals (bilingual)
- Home delivered pantry items in partnership with Manna
- Pro Bono – legal, financial and mediation services
- Incontinence supply bank (limited)
- Home repair and maintenance - partnership with Rotary Home Team (limited)
- Emergency Preparedness Kits (limited)
- Neuropsychologist led memory screenings

Family Caregiver Services

- Multiple support groups – Zoom and in-person
- One-on-one case consultations
- Information and referrals
- Respite care grants
- In-home modification grants
- In-home geriatric assessments
- Assisted living consultations

Special Population Support

- LGBT+ Aging Coalition of Ventura County
- Dementia Friendly Ventura County Initiative in partnership with VCAA
- Solo aging workshops
- Advance Care Planning in partnership with Ventura County Coalition for Compassionate Care
- Grief Support Group in partnership with Hospice of the Conejo
- Parkinson's Disease Support Group – diagnosed and caregiver
- Early Memory Loss Support Group
- Stroke Support Group
- Financial Abuse Specialist Team
- Coordinated system of care for older adults in partnership with VCAA
- Wildfire preparedness for older adults in partnership with Ventura County Firesafe Council

Community Educational Support

- Trainings, seminars, and workshop series – live and recorded monthly
- Periodicals - Other Side of Fifty (Acorn column), Ask an Advocate (VC Star column)
- Monthly newsletters - Planned Giving, Adult Day, and Community Spotlight
- Downloadable/print resources – No Wrong Door, File of Life, Hospital to Home Notebook (bilingual), one page fact sheets
- Customized community presentations





Innovative FREE Services for Shelter-in-Place Directives

- ♦ Home delivered meals
- ♦ Food pantry delivery
- ♦ Zoom activity sessions with a therapeutic curriculum offered three (3) times a week
- ♦ Cloth and surgical masks
- ♦ Covid-19 Tool Kits
- ♦ Covid test kits
- ♦ Senior advocates via phone consultations – over 400 calls per month
- ♦ Delivery volunteers offer comfort, companionship, and a watchful eye
- ♦ Zoom birthday parties and educational workshops offered monthly
- ♦ Friendship Connection – volunteer led weekly telephone chat
- ♦ Care Manager led Zoom support groups offered three (3) times a week
- ♦ Care Manager tele-counseling for family caregivers

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Senior Concerns is a 501(c)(3) Charitable Organization Tax ID number 95-2992927



APPROXIMATELY
15,000
BAGS OF
FOOD
2020-2022



APPROXIMATELY
6,000
FACE
MASKS
2020-2022



APPROXIMATELY
400
COVID-19
TOOL KITS
2020-2022

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