







Discovery and Harmony Activity Calendar

April 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>1<div>Trivia Tuesday</div><div>10:00 Coffee Klatch 10:30 News & Discussion 11:00 April Trivia & Laughter 11:40 Move & Groove Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alternate: Table Games</div></div>	<div>2<div>International Children’s Book Day</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 Water bottle Workout w/ Paola D11:25 Reminisce & trivia: Children’s books H11:00 Basketball Challenge H11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour D12:45 Slot ball Challenge H12:45 Name that Song w/ Jo</div></div>	<div>3<div>Happy Thursday</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Spring Wreath Art Class</u> H11:00 All about Doris Day 11:40 Sit and Get Fit Exercises 12:00 Lunch and Social Hour D12:45 Active Game: Bean Bag Toss H12:45 Doris Day Movie Clips</div></div>	<div>4<div>International Carrot Day</div><div>10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>Baking w/ Jo / Patio Social</u> 11:00 <u>Creative Crew w/ Lori</u> 11:40 Fitness Friday 12:00 Lunch and Social Hour D12:45 Bingo Bash H12:45 Spring Trivia</div></div>	
<div>7<div>Pet Therapy</div><div>10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>Love on a Leash: Pet Therapy</u> 11:00 Alternate Activity w/ Paola 11:40 Sittercises 12:00 Lunch and Social Hour D12:45 Game Time w/ Jess & Paola H12:45 Table Games</div></div>	<div>8<div>National Zoo Lovers Day</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Zoo Art w/ Jess</u> H11:00 Balloon Volleyball 11:40 Noodle & Ball Exercises 12:00 Lunch and Social Hour D12:45 15 Most Amazing Zoo’s H12:45 Reminisce & Stories</div></div>	<div>9<div>The Ukulele Strummers & Singers</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Sweet Treats w/ Jess</u> H11:00 Trivia & Reminiscing 11:45 Noodle & Ball Exercises 12:00 Lunch and Social Hour 12:45 <u>The Ukulele Strummers & Singers</u></div></div>	<div>10<div>International Guitar Month</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Tai Chi w/ Jess / Word Game</u> H11:00 Picture Hollywood Match Game 11:45 Sit and Get Fit Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alternate: Dominos</div></div>	<div>11<div>Louie Louie Day</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Art Class w/ Jess</u> H11:00 Bean Bag Toss 11:40 Fitness Friday 12:00 Lunch and Social Hour 12:45 <u>Music Tribute :Richard Berry</u> 12:45 Alternate: Scrabble</div></div>	
<div>14<div>Dolphin Day</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 The Amazing Life of Dolphins H11:00 Patio Social & Movement 11:00 <u>Create Joy w/ Frankie</u> 11:40 Sittercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alternate: Discussion</div></div>	<div>15<div>World Art Day</div><div>10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>Garden Club Project</u> 11:45 Move and Groove Exercises 12:00 Lunch and Social Hour D12:45 Tony Bennet’s Last Concert H12:45 <u>Painting Class w/ Jo</u></div></div>	<div>16<div>Pet Therapy</div><div>10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>Love on a Leash: Pet Therapy</u> 11:00 Alternate Activity w/ Paola 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour D12:45 Unlikely Animal Friendships H12:45 Active Game: Balloon Swat</div></div>	<div>17<div>Jazz Appreciation Month</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 The Louis Armstrong Story H11:00 Patio Walk & Talk 11:45 Sit and Get Fit Exercises 12:00 Lunch and Social Hour 12:45 <u>All about Jazz & Fun w/ Kayla</u> 12:45 Alt: Scrabble</div></div>	<div>18<div>National Pretzel day</div><div>10:00 Coffee Klatch 10:30 News & Discussion 11:00 Music Memories 11:00 <u>Creative Crew w/ Lori</u> 11:40 Fitness Friday 12:00 Lunch and Social Hour 12:45 <u>April Holiday Chat</u> 12:45 Alt: Table Games</div></div>	
<div>21<div>National Tea Day</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Water bottle Workout w/ Paola</u> D11:25 Guess that Song w/ Jess H11:00 Music & Movement H11:40 Sittercises 12:00 Lunch and Social Hour D12:45 British Bingo & Trivia H12:45 Writing & Reading Activity</div></div>	<div>22<div>Earth Day</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Earth Day Art w/ Jess</u> H11:00 Group Sing A Long 11:40 Noodle & Ball Exercises 12:00 Lunch and Social Hour D12:45 Active Game H12:45 Discussion: Getting to know you</div></div>	<div>23<div>Word Game Wednesday</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 Spa Day & Word Game H11:00 All about Shirley Temple 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u></div></div>	<div>24<div>Humor Month</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Core Class w/ Jess</u> D11:25 Wild Word Games H11:00 Ageless Grace Exercises H11:25 Funny Jokes & Stories 12:00 Lunch and Social Hour D12:45 The Best of Lucille Ball H12:45 Reminisce Spring</div></div>	<div>25<div>Happy Friday</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Craft Corner w/ Jess</u> H11:00 All about Ella Fitzgerald 11:40 Fitness Friday 12:00 Lunch and Social Hour 12:45 <u>Spring Sing Along w/ Kayla</u> 12:45 Alt: Table Games</div></div>	
<div>28<div>Monday Movement</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 Parachute Game & Fun H11:00 Golf Putt Putt Challenge 11:40 Sittercises 12:00 Lunch and Social Hour D12:45 Smarty Pants Game H12:45 <u>Flower Arrangements Craft w/ Jo</u></div></div>	<div>29<div>International Dance Day</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Yoga w/ Beth</u> H11:00 Picture Match Game 11:40 Sittercises 12:00 Lunch and Social Hour 12:45 <u>50’s Sock Hop Dance Party</u> 12:45 Alt: Dominos</div></div>	<div>30<div>International Jazz Day</div><div>10:00 Coffee Klatch 10:30 News & Discussion D11:00 Jazz w/ Jess H11:00 Group Sing A Long 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour D12:45 Amazing Animals Featured H12:45 Store Logos Reminisce</div></div>	<div>Note: If an activity is only scheduled for Discovery group, you will see it noted with the letter D or H for Harmony. All other activities will be done in both groups. Your loved one is also welcome to join the other group if they prefer doing that activity instead of what their group is doing.</div>		<div>4/12 Nam 4/15 Dawne</div> 