

Financial Resources

Senior Concerns has compiled this collection of resources that may provide support or information to assist you in your financial needs.

Benefits (Including Medi-Cal and CalFresh)

You can check to see what benefits you may qualify for, as well as apply online at <https://benefitscal.com/>

At this website you will find information on CalFresh (formerly known as food stamps) as well as Medi-Cal low-income health insurance.

The National Council on Aging also offers benefits checkup online service at <https://benefitscheckup.org/>

Community Action of Ventura County

Helping our community establish pathways out of poverty through advocacy, partnerships, and services that promote dignity and self-sufficiency.

Programs include utility assistance and weatherization programs.

The Home Energy Assistance Program (HEAP/WX) assists income qualified households pay the costs of their Electric, Gas or propane bill, and minor home repairs.

<https://ca-vc.org/applications/> or call 805-436-4021

Conejo Free Clinic

If you are over the age of 65 and have heavy credit card debt, there may be solutions to help you. In some cases, these debts can be resolved. The Conejo Free Clinic Legal Clinic has skilled bankruptcy attorneys who give their personal time and professional legal expertise to review your particular situation and determine potential options without charge.

The Conejo Free Clinic in Thousand Oaks provides medical, dental and legal services free of charge to people of all ages and circumstances who are without care.

Please call (805) 497-3575 for your appointment.

Daily Money Manager

A Daily Money Manager (DMM) is a financial professional who provides personal financial services to individuals and families, and who manages personal daily money matters such as bills, budgets, and record keeping and much more. The American Association of Daily Money Managers (AADMM) is a national membership organization representing individuals and businesses in the profession of daily money management. You can search for a DMM near you on their website at <https://secure.aadmm.com/find-a-dmm/>

Elder Fraud Line

If you or someone you know has been a victim of elder fraud, help is standing by at the National Elder Fraud Hotline. 833-FRAUD-11 or 833-372-8311 or <https://ovc.ojp.gov/program/stop-elder-fraud/providing-help-restoring-hope>

Food Resources

CalFresh is the California implementation of the federal Supplemental Nutrition Assistance Program, formerly known as the Food Stamp program, which provides financial assistance for purchasing food to low-income California residents. To apply go to <https://benefitscal.com/>

Food Pantries are available to pick up food at no cost. Food Share offers a searchable list of pantries at 805-983-7100 or on their website at <https://foodshare.com/findhelp/#findapantry>

Manna Conejo Valley Food Bank is local to Conejo Valley residents. Call (805) 497-4959 for more information.

Free Meal Sites: Congregate meal sites are offered through the Ventura County Area Agency on Aging. All individuals age 60 years or older are welcome to participate in Congregate meal services. To find a site near you visit <https://www.vcaaa.org/our-services/meal-service-locations/>

Home Delivered Meals: The Ventura County Area Agency on Aging, along with various local partners, provides nutritious meals for older adults and people with disabilities within Ventura County through the Senior Nutrition Program (SNP), which includes Home-Delivered Meal (HDM) services. To find a site near you visit

<https://www.vcaaa.org/our-services/meal-service-locations/>

Income Tax Assistance

The IRS's Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE) programs offer free basic tax return preparation to qualified individuals.

Locally the Goebel Senior Center in Thousand Oaks offers this program on site. Call to make an appointment at Goebel at 805-381-2742.

You can search for a location near you at <https://www.irs.gov/individuals/free-tax-return-preparation-for-qualifying-taxpayers>

National Academy of Elder Law Attorneys

The National Academy of Elder Law Attorneys, Inc. (NAELA) was founded in 1987 as a professional association of attorneys dedicated to improving the quality of legal services provided to older adults and people with disabilities. <https://www.naela.org/>

Professional Fiduciary Association of California

Fiduciaries practicing in the state of California are required to be licensed by the Professional Fiduciaries Bureau under the California Department of Consumer Affairs. Search for a professional fiduciary in your area. <https://pfac.memberclicks.net/fiduciary-search#/>

Senior Concerns offers Financial Concerns Program

In partnership with the Financial Planning Association, Certified Financial Planners offer seniors assistance and guidance in building a financial plan for their future. Services include retirement planning, long term care planning budgeting, debt management, general estate planning and related financial services.

Call 805-497-0189 to schedule an appointment.

