

Food Help Resources

For information on the CalFresh (formerly known as food stamps) program please refer to the information sheet titled “CalFresh”.

There are a variety of resources to help people secure food for their households.

This includes:

- Food pantries
- Free meal sites
- Home Delivered Meals
- Shopping services

Food Pantries

Food Share offers a searchable list of free food available in Ventura County. Visit <https://foodshare.com/findhelp/#findapantry> or call them at (805) 983-7100.

Always call first to verify before going to a pantry. A list of some local pantries is below but it is not exhaustive:

Adelante - Community Free Marketplace located at Conejo Elementary/ Beyer Park, Thousand Oaks

adelantecomunidadconejo.org

4th Saturday 9:00am-11:00am

Need to bring proof of address and show you are a resident of Ventura County

Manna Conejo Valley Food Bank located at 95 N. Oakview Drive, Thousand Oaks

(805) 497-4959

Residents of Conejo Valley and Malibu

First visit: Need to bring proof of address and ID

Safe Passage – Marketplace located at 1707 Calle Diamonte, Newbury Park

2nd Saturday 10:00am-11:30am

St Julie Billiard located at 2475 Borchard Road, Newbury Park

(805) 270-9597

By Appointment only

Free Meal Sites

Congregate meal sites are offered through the Ventura County Area Agency on Aging. All individuals age 60 years or older are welcome to participate in Congregate meal services. Contact the local meal site for more information. Sites include:

- Fillmore Active Adult Center (805) 524-5333
- Goebel Adult Community Center in Thousand Oaks (805) 381-2742
- Help of Ojai (805) 646-5122
- Moorpark Active Adult Center (805) 517-6260
- Oxnard Senior Centers (805) 385-8029
- Nikki's Casamia Restaurant in Piru (805) 521-0694
- Santa Paula Senior Center (805) 933-4226 x 356
- Simi Valley Senior Center (805) 583-6364
- Ventura Avenue Adult Center (805) 654-7557

There are locations that offer hot meals free for the community on various days of the week. Some of these sites includes local churches. You can search or download a full list from the **Food Share** website. Visit

<https://foodshare.com/findhelp/#findapantry> or call them at (805) 983-7100.

Home Delivered Meals

Senior Concerns offers home delivered meals for people in Thousand Oaks, Newbury Park, Westlake Village, Oak Park and Agoura Hills. To learn more and to sign up call (805) 497-0189

The Ventura County Area Agency on Aging, along with various local partners, provides nutritious meals for older adults and people with disabilities within Ventura County through the Senior Nutrition Program (SNP), which includes Home-Delivered Meal (HDM) services.

The Senior Nutrition Program is not income based. There's a suggested donation of \$3 per meal, however no eligible individual (60 years and over) will be denied participation because of failure or inability to contribute.

Call each site to learn more and sign up:

- Camarillo Healthcare District (805) 388-1952 x 133
- Fillmore Active Adult Center (805) 524-5333
- Help of Ojai (805) 646-5122
- Moorpark Active Adult Center (805) 517-6260
- Oxnard Senior Centers (805) 385-8029
- Nikki's Casamia Restaurant in Piru (805) 521-0694
- City of Port Hueneme (805) 986-6677
- Santa Paula Senior Center (805) 933-4226 x 356
- Senior Concerns (805) 497-0189
- Simi Valley Senior Center (805) 583-6364
- Ventura Avenue Adult Center (805) 654-7557

Shopping services

SHOP AHOY

If you are unable to grocery shop for yourself then Shop Ahoy may be the right resource. Shop Ahoy volunteers shop and deliver groceries to the communities of Camarillo, Mission Oaks, Newbury Park, Oxnard, Port Hueneme, Santa Paula, Saticoy, Simi Valley, Somis, Thousand Oaks, Ventura, and Westlake.

<http://shopahoy.net/>

(805)236-1267