

Discovery and Harmony Activity Calendar

October 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10-07 Jaime 10-10 Kathy 10-12 Debra Jean 10-21 Jerry 10-30 Bernardo	 BREAST CANCER AWARENESS MONTH	1 Yom Kippur 10:00 Coffee Klatch– <u>Int. Coffee Day!</u> 10:30 News & Discussion D11:00 The Best of Julie Andrews H11:00 Car Picture Match Game & Trivia 11:40 Music & Movement  12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alternate: To be determined	2 World Animal Day 10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>History of Yom Kippur & Social Circle</u> H11:00 Patio Social & Animal Trivia 11:40 Sit and Get Fit Exercises 12:00 Lunch and Social Hour D12:45 Top 10 Nature Animal Moments H12:45 Tables Games & Engagement	3 World Smile Day 10:00 Coffee Klatch  10:30 News & Discussion 11:00 Music & Laughter w/ Shay & Gen 11:00 <u>Creative Crew w/ Lori</u> 11:40 Fitness Friday 12:00 Lunch and Social Hour D12:45 Unlikely Animal Friendships H12:45 Autumn Picture Bingo	
6 Pet Therapy 10:00 Coffee Klatch/ News & Discussion 11:00 <u>Love on a Leash: Pet Therapy</u> 11:00 <u>Alternate: Create Joy w/ Frankie</u> 11:40 Music and Movement 12:00 Lunch and Social Hour D12:30 Cosmic Bowling Fun! H12:30 Reminiscing Autumn & Trivia Group 3, 8th graders visit!	7 Trivia Tuesday 10:00 Coffee Klatch  10:30 News & Discussion D11:00 Parachute Game & Reminisce H11:00 October Trivia & Word game 11:40 Move and Groove Exercises 12:00 Lunch and Social Hour 12:45 <u>Music Tribute John Lennon</u> 12:45 Alt: <u>Painting Club w/ Jo</u>	8 Mini Horses Visit & Nat. Book Month 10:00 Coffee Klatch  10:30 News & Discussion 11:00 Mini Horses: Romeo & Ziggy Visit 11:45 Stretch & Restore Exercises 12:00 Lunch and Social Hour 12:45 <u>Oktoberfest Party!</u> 12:45 <u>Alternate: Book club w/ Jo</u> Celebrate Jaime & Kathy's Birthday!	9 Phil on the Guitar  10:00 Coffee Klatch 10:15 <u>Rock Painting w/ the Boss Ladies</u> 10:15 Alt: Dominoes Club & Discussion 11:00 News & Discussion/ Word game 11:40 Sit and Get Fit Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: Game Time w/ Jess	10 Piano Performances: Tigran & John 10:00 Coffee Klatch  10:30 News & Discussion 11:00 Fitness Friday Exercises 11:00 <u>Art Class w/ Jess</u> 11:30 <u>Tigran's Piano Performance</u> 12:00 Lunch and Social Hour 12:45 <u>John Monday Performs</u> 12:45 To be Determined	
13 Breast Cancer Awareness Day 10:00 Coffee Klatch 10:30 News & Discussion  D11:00 <u>Yoga w/ Beth</u> H11:00 Fall Arts & Crafts 11:40 Sittercises 12:00 Lunch and Social Hour D12:45 Slot Ball Game & Trivia H12:45 Celebrate Debra Jean's Bday! Wear Pink for Breast Cancer Awareness	14 Nat. Dessert Month 10:00 Coffee Klatch 10:30 News & Discussion  D11:00 <u>Sweet Treat w/ Jess</u> H11:00 <u>What's in the Box? & Trivia</u> 11:40 Move and Groove Exercises 12:00 Lunch and Social Hour D12:45 Grab Ball Game H12:45 Ping Pong Active Game	15 Pet Therapy 10:00 Coffee Klatch 10:30 News & Discussion  11:00 <u>Love on a Leash: Pet Therapy</u> 11:00 Alternate Activity w/ Paola  11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour 12:45 <u>I Love Lucy Day Tribute</u> 12:45 Alt: Table Top Activities	16 Country Music Month 10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Spooky Art w/ Jess</u> H11:00 Active Game: Ring Toss 11:45 Sit and Get Fit Exercises 12:00 Lunch and Social Hour 12:45 <u>Country Western Fun</u> 12:45 Alt: <u>Creative Reminiscence</u>	17 Music Friday 10:00 Coffee Klatch  10:30 News & Discussion 11:00 <u>Connor Performs: Piano</u> 11:00 <u>Creative Crew w/ Lori</u> 11:40 Fitness Friday 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: <u>Creative Writing w/ Jo</u>	
20 National Cookie Month 10:00 Coffee Klatch 10:30 News & Discussion D11:00 Connections Game H11:00 Trivia & Word Game 11:40 Sittercises 12:00 Lunch and Social Hour D12:30 Bowling Fun! H12:30 Corn Hole: Bean Bag Toss Celebrate Jerry's Birthday! Group 4, 8th graders visit!	21 National Apple Day 10:00 Coffee Klatch  10:30 News & Discussion D11:00 <u>Apple Art w/ Jess</u> H11:00 <u>Baking w/ Jo</u> 11:40 Stretch & Restore Exercises 12:00 Lunch and Social Hour D12:45 Name That TV Tune edition H12:45 Bean Bag Cup Toss Game	22 Fall Fun & Music 10:00 Coffee Klatch 10:30 News & Discussion  D11:00 <u>Pumpkin Painting</u> H11:00 Apple Tasting & Sensory 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour 12:45 <u>Ukulele Strummer & Singers</u> 12:45 Alt: <u>Painting Club w/ Jo</u>	23 Breast Cancer Awareness Month 10:00 Coffee Klatch  10:30 News & Discussion D11:00 <u>Pumpkin Painting</u> H11:00 Outdoor Games 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: <u>Color Pencil Art w/ Jess</u> Wear Pink for Breast Cancer Awareness	24 Country Music Month 10:00 Coffee Klatch  10:30 News & Discussion D11:00 Balloon Tennis & Trivia H11:00 <u>Class Country Karaoke</u> 11:40 Fitness Friday 12:00 Lunch and Social Hour D12:45 <u>The Best of Johnny Carson</u> H12:45 Movie Musical Clips	
27 Music & Movement Monday 10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>Connor Performs: Piano</u> 11:35 Music and Movement 12:00 Lunch and Social Hour D12:30 Bingo Bash! H12:30 Hula Hoop Toss Game Group 1, 8th graders visit!	28 Phil on the Guitar  10:00 Coffee Klatch 10:30 News & Discussion D11:00 Social Circle H11:00 Halloween Arts & Crafts 11:30 Move & Groove Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: <u>Game Time w/ Jess</u>	29 Pumpkin Decorating 10:00 Coffee Klatch 10:30 News & Discussion D11:00 Guess the Musical w/ Jess H11:00 Table Games & Puzzles 11:40 Sit & Get Fit Exercises 12:00 Lunch and Social Hour 12:45 <u>Pumpkin Fun on Patio w/ Jen</u> 12:45 Alternate: Laughter Videos	30 Happy Thursday 10:00 Coffee Klatch 10:30 News & Discussion D11:00 Guess the Celebrity Game H11:00 <u>Virtual Travel Trip w/ Jo</u> 11:40 Sit and Get Fit Exercises 12:00 Lunch and Social Hour 12:45 <u>Halloween Bingo & Trivia</u> Wear Orange & Black! Celebrate Bernardo's Bday!	31 Happy Halloween 10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>Halloween Costume Show</u> 11:40 Fitness Friday 12:00 Lunch and Social Hour 12:45 <u>Monster Mash Halloween Party</u> 12:45 Alt: Table Top Activities Wear Halloween Costume or colors!	