



CONEJO VALLEY SENIOR CONCERNS

Mailing Address/Location:
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SeniorConcerns.org

President & CEO: Andrea Gallagher,
Certified Senior Advisor (CSA)®

SOCIAL MEDIA

- @SeniorConcerns
- @Senior_Concerns
- @Senior-Concerns
- @SeniorConcerns

YEAR ESTABLISHED

1975

SERVICE AREA

Senior Concerns serves both eastern Ventura County and western Los Angeles County, including the communities of Thousand Oaks, Newbury Park, Westlake Village, Lake Sherwood, Oak Park, Agoura Hills, Simi Valley, and Moorpark.

ABOUT US

2025 marks the 50th Anniversary of Senior Concerns, a milestone that reflects our unwavering commitment to enhancing the health, well-being, and quality of life for seniors and family caregivers in the Conejo Valley. For half a century, we have been dedicated to creating a community where seniors thrive, now and into the future.

Over the course of five decades, Senior Concerns has continuously evolved to meet the changing needs of seniors and their caregivers. We have advocated for their rights, provided vital resources, and built a strong foundation of support in which older adults are valued and empowered.

PROGRAMS

Meals On Wheels/Home Delivered Meals
Adult Day Program
Caregiver Support Center
Senior Advocacy
Assisted Living Consultations
Financial & Legal Concerns
In-Home Geriatric Assessments
Memory Screenings
Rotary Home Repair Team
Seminars
Support Groups

2024-25 IMPACT

Served more than 13,000 seniors and their family caregivers
Delivered over 70,000 Meals On Wheels/Home Delivered Meals to more than 425 seniors

Provided over 20,800 hours of care to 90 Adult Day Program participants and provided respite for 217 family caregivers

Responded to over 10,000 inquiries from seniors, family caregivers, and the community

Hosted educational seminars/workshops for over 830 attendees

Over 440 volunteers contributed more than 7,700 hours of service valued at \$270,000

JOIN US IN POWERING A SUSTAINABLE FUTURE

Ventura County now has more seniors than children under the age of 18. The need is growing, the funding is shrinking — but together, we can protect the most vulnerable among us. Currently, over 35% of our community's seniors aged 65+ do not have enough income to meet their most basic needs, including access to healthy food.

Your gift today ensures Senior Concerns can continue providing Meals On Wheels, Adult Day Care, Caregiver Support, and vital services for older adults and family caregivers in our community. Together, we can build a stronger safety net for seniors in the decades ahead.

GET INVOLVED:

Take a Tour: Come see firsthand how your generosity impacts seniors and their family caregivers. We'd love to welcome you to Senior Concerns!

Volunteer: From Meals On Wheels drivers, Adult Day Program helpers, Board or Committee service, to event volunteers, there are many ways to lend your time and talents.

Give Online: www.seniorconcerns.org/donate

Give By Mail: Make checks payable to Senior Concerns, 401 Hodencamp Road, Thousand Oaks, CA 91360

Other Giving Options: Contribute through an event sponsorship, gifts of stock or mutual funds, donor advised funds, IRA charitable rollovers, or by making a planned/estate gift.

For more information, please contact Julie Harvey, Director of Development at 805-497-0189 or jharvey@seniorconcerns.org.

Thank you for helping us ensure no senior in our community is left hungry, isolated, or without support. Tax ID #95-2992927

FUNDRAISING EVENTS

4th Annual Par & Away Golf Tournament
November 18, 2025
Moorpark Country Club

Ultimate Dining Experience
March 14, 2026
Hyatt Regency Westlake

Love Run
June 7, 2026

To learn more about our events, visit: <https://www.seniorconcerns.org/events/>



50 YEARS OF CARE



The Heart of Senior Concerns since 1975 ...

MEALS ON WHEELS



1.6 Million
Meals
Served

ADULT DAY PROGRAM



500,000
Hours
of Care

SENIOR ADVOCATES



325,000
1-on-1
Consultations

FAMILY CAREGIVER SUPPORT



250,000
Caregivers
Supported



Join us in building a future where no senior is left hungry, isolated, or without support.

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