



Open to individuals diagnosed with Parkinson's
and their care partners

Those diagnosed with Parkinson's must
come with their care partner.

If you would like to sign up individually,
please call the office at 805.497.0189.

When: 1st Tuesday of each month
2:30 to 4:00 pm

Location: In-Person at
Senior Concerns
401 Hodencamp Road,
Thousand Oaks 91360

Support Group Schedule

- **2:30 pm:** The Group will start with
an educational presentation
- **3:00 pm:** The Group will separate
into neighboring rooms
- Care Partners will participate in a
Support Group Discussion
- Those diagnosed with Parkinson's
will participate in an exercise
program followed by a Support
Group Discussion



Registration: Call 805.497.0189
or at SeniorConcerns.org/parkinsons-support-group/

Senior Concerns is a 501(c)(3) charitable organization Tax ID #95-2992927