



A safe, welcoming environment where seniors can spend part of the day enjoying interactive, fun & educational activities

The Adult Day program is a social model program geared for older adults with memory and/or physical impairment who can benefit from & enjoy social and group activities including:

- Reminiscing activities
- Trivia & word games to stimulate the mind
- Chair exercise programs including yoga & other evidence based programs
- Active games including corn hole & golf putting green
- Art therapy
- Music performers & singing

Adult Day Program Details:

Monthly pricing is based on the number of days per week you sign up.

Monday through Friday 10am to 2pm Nutritious Lunch & Snacks Provided

- 1 Day / Week - Monthly Cost: \$300
- 2 Days / Week - Monthly Cost: \$600
- 3 Days / Week - Monthly Cost: \$900
- 4 Days / Week - Monthly Cost: \$1,200
- 5 Days / Week - Monthly Cost: \$1,500

Senior Concerns is a licensed care facility under the California Department of Social Services

In accordance with Federal law and U.S. Department of Agriculture policy, Senior Concerns is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339, or (800) 845-6136 (Spanish).



To learn more, visit our programs at www.seniorconcerns.org
Contact caregiversupport@seniorconcerns.org or call 805.497.0189

Senior Concerns is a 501(c)(3) charitable organization Tax ID #95-2992927