







Discovery and Harmony Activity Calendar

April 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Phil On The Guitar 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 April Word Game & Laughter H 11:00 Balloon Swat & Trivia 11:40 Sit & Get Fit Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: Table Top Activities	2 Variety Thursday 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 <u>Passover & Easter Social</u> H 11:00 <u>Arts & Crafts w/ Jo</u> 11:40 Music & Movement 12:00 Lunch and Social Hour D 12:45 Truth or Myth Game H 12:45 Reminisce: Children's Books	3 John Monday Performs 10:00 Coffee Klatch 10:30 News & Discussion H 11:00 <u>John Monday Performs</u> H 11:00 <u>Creative Crew w/ Lori</u> 11:40 Sit and Get Fit Exercises 12:00 Lunch and Social Hour 12:45 <u>Passover & Easter Social</u> 12:45 Alt: Dominoes Table	
6 Pet Therapy 10:00 Coffee Klatch 10:30 News & Discussion H 11:00 <u>Love on a Leash: Pet Therapy</u> H 11:00 <u>Color Therapy w/ Paola</u> 11:40 Music & Movement 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: To be determined	7 National Coffee Cake Day 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 <u>Spring Art w/ Paola</u> H 11:00 April Trivia & Word Game 11:40 Stretch & Restore Exercises 12:00 Lunch and Social Hour D 12:45 Active Game Fun H 12:45 Sensory Game	8 Variety Wednesday 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 Jeopardy Challenge H 11:00 <u>Art & Crafts w/ Shay</u> 11:40 Sittersices 12:00 Lunch and Social Hour D 12:45 Active Game: Ball Grab Game H 12:45 Musical Movie Clips	9 Last Day of Passover 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 <u>Baking w/ Jo</u> H 11:00 Active Game Fun 11:40 Sit and Get Fit Exercises 12:00 Lunch and Social Hour D 12:45 Unlikely Animal Friendships H 12:45 Trivia & Reminisce	10 Friday Fun Day 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 Slot Ball Game H 11:00 Patio Active Game Fun 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour D 12:45 Picture Match Game & Trivia H 12:45 Bingo Bash	 4/1 John 4/12 Regina 4/13 Carl 4/15 Dawne & Marta
13 National Peach Coblerr Day 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 <u>All about Fred Astaire</u> H 11:00 <u>Spring Art w/ Shay</u> 11:40 Move & Groove Exercises 12:00 Lunch and Social Hour D 12:45 Active Game Fun H 12:45 Scrabble & Table Games	14 National Gardening Day 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 Beach Ball Games & Trivia H 11:00 <u>Patio Garden Activity</u> 11:45 Move & Groove Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: Flower Art w/ Erinn	15 Pet Therapy 10:00 Coffee Klatch 10:30 News & Discussion H 11:00 <u>Love on a Leash: Pet Therapy</u> H 11:00 <u>Craft Group w/ Paola</u> 11:40 Stretch & Restore Exercises 12:00 Lunch and Social Hour 12:45 <u>Ukulele Strummers & Singers</u> 12:45 Alt: Table Top Activities	16 Jazz Appreciation Month 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 Jeopardy Challenge H 11:00 Active Game Fun 11:45 Noodle Exercises 12:00 Lunch and Social Hour D 12:45 <u>All about Jazz w/ Kavla</u> H 12:45 Unlikely Animal Friendships	17 Music & Movement 10:00 Coffee Klatch 10:30 News & Discussion 11:00 Music Memories H 11:00 <u>Creative Crew w/ Lori</u> 11:40 Chair Zumba 12:00 Lunch and Social Hour D 12:45 TGIF Bowling Fun H 12:45 Hula Hoop Toss	
20 Connor Performs 10:00 Coffee Klatch 10:30 News & Discussion H 11:00 <u>Connor Performs: Piano</u> 11:30 Word Game & Exercises 12:00 Lunch and Social Hour D 12:30 Slot Ball Game H 12:30 Golf Putt Putt Challenge Group 3, 8th Graders Visit	21 Variety Tuesday 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 <u>Core Class w/ Paola & word game</u> H 11:00 Self Care Sensory Activity 11:40 Stretch & Restore Exercises 12:00 Lunch and Social Hour D 12:45 Paper Airplanes Race & Trivia H 12:45 Unlikely Animal Friendships	22 Earth Day 10:00 Coffee Klatch 10:20 News & Discussion 10:45 <u>St. Patrick's School Kids Visit</u> 11:30 Earth Day Trivia & Movement 12:00 Lunch and Social Hour D 12:45 <u>Earth Day Flower Activity</u> H 12:45 <u>Planting Activity</u>	23 World Book Day 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 <u>Art w/ Paola</u> H 11:00 <u>All about Shirley Temple</u> 11:45 Move and Groove Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: Book Club w/ Jo	24 Arbor Day 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 Active Game Fun H 11:00 <u>Baking w/ Jo</u> 11:40 Noodle & Band Exercises 12:00 Lunch and Social Hour D 12:45 Nature Bingo & Trivia H 12:45 <u>Virtual Travel to Poloma</u>	
27 Music Monday 10:00 Coffee Klatch 10:30 News & Discussion H 11:00 <u>Cynthia Performs: Piano</u> H 11:00 <u>Create Joy w/ Frankie</u> 11:40 Sittercises 12:00 Lunch and Social Hour D 12:45 Fill in the blank:1950 Songs H 12:45 Music Reminiscing	28 National Pretzel Day 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 <u>Yoga w/ Beth</u> H 11:00 Balloon Swat & Trivia 11:40 Stretch & Restore Exercises 12:00 Lunch and Social Hour 12:45 <u>Claire Performs</u> 12:45 Alt: Art w/ Paola	29 Mini Horses Visit 10:00 Coffee Klatch 10:30 News & Discussion H 11:00 <u>Romeo's Roadshow</u> 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour 12:45 <u>Disco Dance Party!</u> 12:45 Alt: Table Top Activities	30 International Guitar Month 10:00 Coffee Klatch 10:30 News & Discussion D 11:00 Bingo Bash H 11:00 Guitar Trivia & Reminisce 11:45 Move and Groove Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: Painting Club w/ Jo	<p>Note: If an activity is only scheduled for Discovery group, you will see it noted with the letter D or H for Harmony. All other activities will be done in both groups. Your loved one is also welcome to join the other group if they prefer doing that activity instead of what their group is doing.</p>	