

# Discovery and Harmony Activity Calendar

## March 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>2 Pet Therapy</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            11:00 <u>Love on a Leash: Pet Therapy</u>            11:00 <u>Alt: Create Joy w/ Frankie</u>            11:40 Music &amp; Movement            12:00 Lunch and Social Hour            D12:30 Parachute Game &amp; Social Circle            H12:30 Corn Hole Game  <b>Group 3, 8th Graders Visit</b></p>	<p><b>3 World Wild Life Day</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            D11:00 <u>Art w/ Paola</u>            H11:00 <u>March Trivia &amp; Music Fun</u>            11:40 Move &amp; Groove Exercises            12:00 Lunch and Social Hour            D12:45 <u>All about World Wild Life Day</u>            H12:45 <u>Animal Match Game &amp; Trivia</u></p>	<p><b>4 Phil On The Guitar</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            D11:00 <u>Piano Performance &amp; Word Game</u>            H11:00 <u>Active Game Fun</u>            11:40 Sit &amp; Get Fit Exercises            12:00 Lunch and Social Hour            12:45 <u>Phil On The Guitar</u>            12:45 <u>Alt: Painting Club w/ Jo</u></p>	<p><b>5 Variety Thursday</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            D11:00 <u>Core Class w/ Paola/ Word game</u>            H11:00 <u>Sensory Game</u>            11:40 Music &amp; Movement            12:00 Lunch and Social Hour            D12:45 <u>Picture Match Game</u>            H12:45 <u>Patio Social</u></p>	<p><b>6 John Monday Performs</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            11:00 <u>Active Game Fun</u>            11:00 <u>Creative Crew w/ Lori</u>            11:40 Sit and Get Fit Exercises            12:00 Lunch and Social Hour            12:45 <u>John Monday Performs</u>            12:45 <u>Alt: Dominoes Table</u></p>	
<p><b>9 Monday Movement</b>            10:00 Coffee Klatch/ News &amp; Discussion            D11:00 <u>Reminisce &amp; March Trivia</u>            H11:00 <u>Music &amp; Movement</u>            11:40 Chair Exercises            12:00 Lunch and Social Hour            D12:30 <u>Umbrella Game</u>            H12:30 <u>Active Game Fun</u>  <b>Group 4, 8th Graders Visit</b></p>	<p><b>10 Phil On The Guitar</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            D11:00 <u>Name the Musical</u>            H11:00 <u>Seven Wonders of the World</u>            11:40 Stretch &amp; Restore Exercises            12:00 Lunch and Social Hour            12:45 <u>Phil On The Guitar</u>            12:45 <u>Alt: Art w/ Paola</u></p>	<p><b>11 Word Game Wednesday</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            11:00 <u>Word Games &amp; Trivia</u>            11:40 Sittersices            12:00 Lunch and Social Hour            12:45 <u>Connor Performs: Piano</u>            12:45 <u>Alt: To be Determined</u></p>	<p><b>12 Popcorn Lover's Day</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            D11:00 <u>Active Game Fun</u>            H11:00 <u>Arts &amp; Crafts w/ Shay</u>            11:45 Sit and Get Fit Exercises            12:00 Lunch and Social Hour            D12:45 <u>All about Audrey Hepburn</u>            H12:45 <u>Picture Bingo Bash</u></p>	<p><b>13 Friday Fun Day</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            11:00 <u>Virtual Travel to Ireland w/ Jessie</u>            11:00 <u>Alt: Table Top Activities</u>            11:40 Ageless Grace Exercises            12:00 Lunch and Social Hour            D12:45 <u>Unlikely Animal Friendships</u>            H12:45 <u>Musical Show</u></p>	 <p>3/2 Bryan      3/19 Jan            3/9 Cindy     3/21 David            3/13 JoAnn</p>
<p><b>16 Pre St. Patrick's Day Fun</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            11:00 <u>St. Patrick's Day Bingo</u>            11:00 <u>St. Patrick's Day Craft</u>            11:40 Music &amp; Groove Exercises            12:00 Lunch and Social Hour            D12:45 <u>Movie Clips &amp; Trivia</u>            H12:45 <u>Active Game Fun</u></p>	<p><b>17 St. Patrick's Day</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            11:00 <u>Garden Club Project</u>            11:45 Move &amp; Groove Exercises            12:00 Lunch and Social Hour            12:45 <u>St. Patrick's Day Celebration!</u>            12:45 <u>Alt: Table Top Activities</u></p>	<p><b>18 Pet Therapy</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            11:00 <u>Love on a Leash: Pet Therapy</u>            11:00 <u>Craft Group w/ Paola</u>            11:40 Stretch &amp; Restore Exercises            12:00 Lunch and Social Hour            12:45 <u>Ukulele Strummers &amp; Singers</u>            12:45 <u>Alt: To be Determined</u></p>	<p><b>19 Oranges &amp; Lemons Day</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            D11:00 <u>Parachute Game &amp; Social Circle</u>            H11:00 <u>Active Game Fun</u>            11:45 Noodle Exercises            12:00 Lunch and Social Hour            12:45 <u>Phil On The Guitar</u>            12:45 <u>Alt: Painting Club w/ Jo</u></p>	<p><b>20 Welcome Spring</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            11:00 <u>Patio Active Game</u>            11:00 <u>Creative Crew w/ Lori</u>            11:40 Chair Zumba            12:00 Lunch and Social Hour            12:45 <u>Spring Fling Fun!</u>            12:45 <u>Alt: Dominoes Table</u></p>	
<p><b>23 Chip &amp; Dip Day</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            D11:00 <u>Yoga w/ Beth</u>            H11:00 <u>Spring Patio Social</u>            11:40 Music &amp; Groove Exercises            12:00 Lunch and Social Hour            D12:30 <u>Cup Race Game</u>            H12:30 <u>Cup Bean Bag Toss</u>  <b>Group 1, 8th Graders Visit</b></p>	<p><b>24 Connor Performs</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            11:00 <u>Connor Performs: Piano</u>            11:30 Trivia Challenge            11:40 Stretch &amp; Restore Exercises            12:00 Lunch and Social Hour            12:45 <u>The Beatles Sing Along &amp; Trivia</u>            12:45 <u>Alt: Creative Arts w/ Jo</u></p>	<p><b>25 Mini Horses Visit</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            11:00 <u>Romeo's Road Show</u>            11:40 Ageless Grace Exercises            12:00 Lunch and Social Hour            D12:45 <u>Ball Grab Game</u>            H12:45 <u>Spring Reminisce &amp; Trivia</u></p>	<p><b>26 Variety Thursday</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            D11:00 <u>Active Game Fun</u>            H11:00 <u>Baking w/ Jo</u>            11:45 Move and Groove Exercises            12:00 Lunch and Social Hour            12:45 <u>Art Show Project</u>            12:45 <u>Music Memories &amp; Trivia</u></p>	<p><b>27 Phil on the Guitar</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            D11:00 <u>Balloon Swat &amp; Trivia</u>            H11:00 <u>Gardening on Patio</u>            11:40 Noodle &amp; Band Exercises            12:00 Lunch and Social Hour            12:45 <u>Phil On The Guitar</u>            12:45 <u>Alt: Dominoes Table</u></p>	
<p><b>30 Monday Movement</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            D11:00 <u>Word Game &amp; Trivia</u>            H11:00 <u>Garden on the Patio</u>            11:40 Music &amp; Groove Exercises            12:00 Lunch and Social Hour            D12:30 <u>Active Game Fun</u>            H12:30 <u>Active Game &amp; Trivia</u>  <b>Group 2, 8th Graders Visit</b></p>	<p><b>31 Variety Tuesday</b>            10:00 Coffee Klatch            10:30 News &amp; Discussion            D11:00 <u>Baking w/ Jo</u>            H11:00 <u>Picture Match Game</u>            11:40 Stretch &amp; Restore Exercises            12:00 Lunch and Social Hour            D12:45 <u>Ping Pong Game</u>            H12:45 <u>Virtual Travel to Japan</u></p>	<p>Note: If an activity is only scheduled for <b>Discovery</b> group, you will see it noted with the letter <b>D</b> or <b>H</b> for <b>Harmony</b>. All other activities will be done in both groups. Your loved one is also welcome to join the other group if they prefer doing that activity instead of what their group is doing.</p>			