






# Discovery and Harmony Activity Calendar

## June 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1 Pet Therapy</b> 10:00 Coffee Klatch 10:30 News & Discussion 🐾 11:00 <u>Love on a Leash: Pet Therapy</u> 11:00 Alt: Table Top Activities 11:40 Stretch & Restore Exercises 12:00 Lunch and Social Hour D12:45 Balloon Toss Active Game H12:45 Active Game Fun	<b>2 Variety Tuesday</b> 10:00 Coffee Klatch 10:30 News & Discussion 🎵 D11:00 <u>Music w/ Stephen Taylor</u> H11:00 Match Game & Trivia 11:40 Move & Groove Exercises 12:00 Lunch and Social Hour D12:45 <u>Art Group w/ Paola &amp; Erinn</u> H12:45 <u>Virtual Travel to Italy</u>	<b>3 Word Game Wednesday</b> 10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>Word Game &amp; June Trivia</u> 11:40 Sit & Get Fit Exercises 12:00 Lunch and Social Hour D12:45 Active Game Fun H12:45 Active Game: Protect the basket	<b>4 National Cheese Day</b> 10:00 Coffee Klatch 10:30 News & Discussion D11:00 Balloon Swat H11:00 Sunshine Sing along & Trivia 11:40 Music & Movement 12:00 Lunch and Social Hour D12:45 <u>Art Activity</u> H12:45 Picture Bingo Bash	<b>5 National Donut Day</b> 10:00 Coffee Klatch 10:30 News & Discussion 🎵 11:00 <u>Donut hole bean bag toss</u> 11:00 <u>Creative Crew w/ Lori</u> 11:40 Noodle & Ball Exercises 12:00 Lunch and Social Hour D12:45 Unlikely Animal Friendships H12:45 Donut Trivia & Word Game	
<b>8 World Oceans Day</b> 10:00 Coffee Klatch /News & Discussion D11:00 Active Game Fun H11:00 <u>Arts &amp; Crafts</u> 11:40 Chair Exercises 12:00 Lunch and Social Hour D12:45 Ocean Bingo & Trivia H12:45 <u>Take me to the beach activity</u>	<b>9 Pet Therapy</b> 10:00 Coffee Klatch 10:30 News & Discussion 🐾 11:00 <u>Love on Leash: Pet Therapy</u> 11:00 <u>Art w/ Paola</u> 11:40 Stretch & Restore Exercises 12:00 Lunch and Social Hour D12:45 Active Game Fun H12:45 Guess Who—Match Game	<b>10 National Iced Tea Day</b> 10:00 Coffee Klatch News & Discussion D11:00 <u>Core Class w/ Paola/ Word Game</u> H11:00 Active Game: Ball Grab Game 11:40 Music & Movement 12:00 Lunch and Social Hour 12:45 <u>Iced Tea Social</u> 12:45 <u>Alt: Painting Club w/ Jo</u>	<b>11 Int. Surf Music Month</b> 10:00 Coffee Klatch News & Discussion D11:00 <u>Sea Shell Decorating</u> H11:00 <u>Virtual Travel to Hawaii</u> 11:45 Sit and Get Fit Exercises 🎵 12:00 Lunch and Social Hour 12:45 <u>Beach Party!</u> 12:45 Alt: Dominoes Table	<b>12 National Peanut Butter Cookie Day</b> 10:00 Coffee Klatch News & Discussion D11:00 <u>Baking w/ Erinn</u> H11:00 Active Game: Ball Toss Game 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour D12:45 Active Game Fun H12:45 Seaside Picture Bingo	
<b>15 Monday Movement</b> 10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Exercises w/ Erinn/</u> H11:00 <u>Zumba Class/ Word Game</u> 11:00 <u>Alt: Create Joy w/ Frankie</u> 12:00 Lunch and Social Hour D12:45 Picture Bingo Bash H12:45 Active Game: Air Hockey	<b>16 World Sea Turtle Day</b> 10:00 Coffee Klatch 10:30 News & Discussion 🎵 11:00 <u>Music w/ Allen</u> 11:00 <u>Turtle Art w/ Erinn</u> 11:45 Move & Groove Exercises 12:00 Lunch and Social Hour D12:45 <u>Toss Game &amp; Father's Day Bingo</u> H12:45 Sensory Activity-- water turtle grab	<b>17 Pet Therapy</b> 10:00 Coffee Klatch 10:30 News & Discussion 🐾 11:00 <u>Love on a Leash: Pet Therapy</u> 11:00 <u>Craft Group w/ Paola</u> 11:40 Sittersices 12:00 Lunch and Social Hour D12:45 Jeopardy Challenge H12:45 Active Game: Hula Hoop Toss	<b>18 National Cherry Tart Day</b> 10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Virtual Trip to San Francisco</u> H11:00 <u>Baking w/ Jo</u> 11:45 Noodle Exercises 12:00 Lunch and Social Hour 12:45 <u>Men's Father's Day Social</u> 12:45 Alt: Fill in the blank: musicals	<b>19 Friday Funday</b> 10:00 Coffee Klatch 10:30 News & Discussion 11:00 Chair Beach Ball Games 11:00 <u>Creative Crew w/ Lori</u> 11:40 Chair Zumba 12:00 Lunch and Social Hour 12:45 <u>Men's Father's Day Social</u> 12:45 Alt: Sunshine Sing along	
<b>22 Welcome Summer</b> 10:00 Coffee Klatch 10:30 News & Discussion 🎵 D11:00 Patio Volleyball H11:00 <u>Snail Art Project</u> 11:40 Music & Groove Exercises 12:00 Lunch and Social Hour 12:45 <u>Summer Fun &amp; Dance</u> 12:45 Alt: Table Top Activities	<b>23 National Iced Tea Month</b> <u>Wear your Favorite Hat!</u> 10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Ice Cream Art</u> H11:00 Active Game: Indoor Soccer 11:40 Stretch & Restore Exercises 12:00 Lunch and Social Hour 12:45 <u>Iced Tea Social- Wear your fav hat</u> 12:45 <u>Alt: Painting Club w/ Jo</u>	<b>24 National Day of Joy</b> 10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Derby Horse Racing Game</u> H11:00 <u>Jokes &amp; Laughter Videos</u> 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour D12:45 Comedy Clips & Trivia H12:45 Active Game: Cup grab	<b>25 Global Beatles Day</b> <u>Bring in your baby picture to share</u> 10:00 Coffee Klatch 10:30 News & Discussion 🎵 11:00 <u>Show n Tell: Baby Photos</u> 11:40 Move and Groove Exercises 12:00 Lunch and Social Hour 12:45 <u>Sing &amp; Dance: The Beatles</u> 12:45 <u>Alt: Art w/ Paola</u>	<b>26 National Chocolate Pudding Day</b> 10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Virtual Travel to Switzerland</u> H11:00 Active Game: Tic Tac Toe 11:40 Noodle & Band Exercises 12:00 Lunch and Social Hour D12:45 Active Game Fun H12:45 Tables Games & Trivia	 <b>6/2 Mary C.</b> <b>6/7 Elaine R.</b> <b>6/20 Dina B.</b>
<b>29 San Francisco's Birthday</b> 10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Art Group</u> H11:00 Dice/ Card Game 11:40 Music & Groove Exercises 12:00 Lunch and Social Hour 12:45 <u>Virtual Trip to San Francisco</u> 12:45 Alt: Hula Hoop Toss Game	<b>30 Mini Horses Visit</b> 10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>Romeo's Road Show</u> 11:40 Stretch & Restore Exercises 12:00 Lunch and Social Hour 12:45 <u>Summer Fun &amp; Dance</u> 12:45 Alt: Dominoes Table	<p>Note: If an activity is only scheduled for <b>Discovery</b> group, you will see it noted with the letter <b>D</b> or <b>H</b> for <b>Harmony</b>. All other activities will be done in both groups. Your loved one is also welcome to join the other group if they prefer doing that activity instead of what their group is doing.</p>	 <b>SAN FRANCISCO</b>	