

Monday

Tuesday

Wednesday

Thursday

Friday

Birthdays:
 10/6 Lisa E.
 10/7 Jaime R.
 10/7 Lilli P.
 10/11 Dottie B.
 10/30 Bernardo L.

October 2026

Pet Therapy 5 10:00 Coffee Klatch 10:30 News and Discussion 11:00 <u>Love on the Leash</u> 11:00 <u>Alt: Arts & Crafts w/Paola</u> 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour D12:45 Dice Movement H12:45 Hello Fall Reminisce 	Tunes Tuesday 6 10:00 Coffee Klatch 10:30 News and Discussion D11:00 <u>Music w/ Stephen Taylor</u> H11:00 Autumn Songs / Trivia 11:45 Music & Movement 12:00 Lunch and Social Hour D12:45 Slot Ball Game H12:45 <u>Chair Dancing/ Virtual Concert</u> 	National Chocolate Covered Pretzel Day 7 10:00 Coffee Klatch 10:30 News and Discussion D11:00 <u>Virtual Trip Autumn New England</u> H11:00 <u>Chocolate Pretzel Making w/ S&S</u> 11:45 Stretch and Restore Exercise 12:00 Lunch and Social Hour D12:45 Active Game H12:45 Balloon Swat 	Welcome October 1 10:00 Coffee Klatch 10:30 News and Discussion D11:00 <u>Core Class w/ Paola</u> H11:00 Cup Toss 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour D12:45 Fall Reminisce H12:45 October Trivia 	World Smile Day 2 10:00 Coffee Klatch 10:30 News and Discussion 11:00 <u>Creative Crew w/ Lori</u> 11:00 Slot Ball & Trivia 11:45 Move & Grove Exercise 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 
Farmers Day 12 10:00 Coffee Klatch 10:30 News and Discussion D11:00 <u>Drum Music Circle</u> H11:00 <u>Fall Bouquet Making</u> 11:45 Move & Grove Exercise 12:00 <u>Lunch BBQ and Social Hour</u> D12:45 <u>Pumpkin Art</u> H12:45 What Am I? Game 	Pet Therapy 13 10:00 Coffee Klatch 10:30 News and Discussion 11:00 <u>Love on the Leash</u> 11:00 <u>Alt: Yoga w/ Paola</u> 11:45 Stretch and Restore Exercise 12:00 Lunch and Social Hour D12:45 Noodle Exercise H12:45 Active Game 	St. Patrick Kindergarden's Visit 14 10:00 Coffee Klatch 10:30 News and Discussion 10:45 <u>St. Patrick School Kids Activity</u> 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour D12:45 Dice Exercise H12:45 Cup Passing Challenge 	I Love Lucy Day 15 10:00 Coffee Klatch 10:30 News and Discussion D11:00 <u>Baking w/Erinn</u> H11:00 Lucy Bingo 11:45 Stretch and Restore Exercise 12:00 Lunch and Social Hour D12:45 <u>Storytelling w/ Nathan</u> H12:45 I Love Lucy Movie Clips 	National Sports Day 16 10:00 Coffee Klatch 10:30 News and Discussion D11:00 <u>Card Dice Game</u> H11:00 <u>Basketball Toss Game</u> 11:45 Music & Movement 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 
National Kentucky Day 19 10:00 Coffee Klatch 10:30 News and Discussion D11:00 <u>Yoga w/Beth</u> H11:00 <u>Horse Racing Game</u> 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: Table Games 	National Day of Writing 20 10:00 Coffee Klatch 10:30 News and Discussion D11:00 <u>Yoga w/ Beth</u> H11:00 <u>Chair Travel to Massachusetts</u> 11:45 Move & Grove Exercise 12:00 Lunch and Social Hour D12:45 <u>Pumpkin Decorating</u> H12:45 <u>Thankful Pumpkin Writing</u> 	Pet Therapy 21 10:00 Coffee Klatch 10:30 News and Discussion 11:00 <u>Love on the Leash</u> 11:00 <u>Alt: Craft Crew w/Paola</u> 11:45 Stretch and Restore Exercise 12:00 Lunch and Social Hour D12:45 Active Game H12:45 Umbrella Ring Toss 	Miniature Horses 22 10:00 Coffee Klatch 10:30 News and Discussion 11:00 <u>Romeo Road Show</u> 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour D12:45 Card Dice Game H12:45 Table Air Hockey Game/Trivia 	Friendship Friday 23 10:00 Coffee Klatch 10:30 News and Discussion 11:00 <u>Creative Crew w/ Lori</u> 11:00 <u>Slingshot Challenge Game</u> 11:45 Music & Movement 12:00 Lunch and Social Hour D12:45 <u>The Greatest Showman</u> H12:45 <u>Fall Painting</u> 
National Pumpkin Day 26 10:00 Coffee Klatch 10:30 News and Discussion D11:00 <u>Friendship Bracelet Making</u> H11:00 <u>Pumpkin Painting</u> 11:45 Music & Movement 12:00 Lunch BBQ and Social Hour D12:45 <u>All About Oktoberfest</u> H12:45 <u>Pumpkin Putt-Putt</u> 	Arts & Crafts Tuesday 27 10:00 Coffee Klatch 10:30 News and Discussion D11:00 <u>Autumn Wreath Making</u> H11:00 <u>Jack-o-Lantern Oranges Craft</u> 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour D12:45 Balloon Swat H12:45 Balloon Keep-Up Game 	National Chocolate Day 28 10:00 Coffee Klatch 10:30 News and Discussion D11:00 <u>Jeopardy</u> H11:00 Active Game 11:45 Move & Grove Exercise 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 <u>Alt: Painting Club w/Jo</u> 	Happy Thursday 29 10:00 Coffee Klatch 10:30 News and Discussion 11:00 <u>Arts and Crafts w/Jessie</u> 11:45 Stretch and Restore Exercise 12:00 Lunch and Social Hour D12:45 <u>Patio Balloon Swat Game</u> H12:45 <u>Autumn Photograph Slide Show</u> 	Halloween Eve 30 10:00 Coffee Klatch 10:30 News and Discussion 11:00 <u>Halloween Parade</u> 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour 12:45 <u>Autumn Carnival</u> 

Note: If an activity is only schedule for **Discovery** group, you will see it noted with the letter **D** and **H Harmony**. All other activities will be done in both groups. Your loved one is also welcome to join the other group if they prefer doing that activity instead of what their group is doing.