November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Pet Therapy 2 10:00 Coffee Klatch 10:30 News and Discussion 11:00 Love on the Leash 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour D12:45 Noodle Soccer H12:45 Cup Passing Challenge	**National Sandwich Day** 3 10:00 Coffee Klatch 10:30 News and Discussion D11:00 Music w/ Stephen Taylor H11:00 Food Jeopardy 11:45 Stretch and Restore Exercise 12:00 Lunch and Social Hour D12:45 Active Game H12:45 Corn Hole Game	**Banana Pudding Lovers Month** 4 10:00 Coffee Klatch 10:30 News and Discussion D11:00 Active Game H11:00 Dessert Bingo 11:45 Music & Movement 12:00 Lunch and Social Hour D12:45 Jeopardy challenge H12:45 Box Tilt Racing Game	**American Football Day** 5 10:00 Coffee Klatch 10:30 News and Discussion D11:00 Football Toss & Trivia H11:00 Table Pong 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour 12:45 Phil on the Guitar 12:45 Alt: Painting Club w/ Jo	**National Basketball Day** 6 10:00 Coffee Klatch 10:30 News and Discussion D11:00 Creative Crew w/Lori H11:00 NBA Logo Game & Sports Clips 11:45 Move & Grove Exercise 12:00 Lunch and Social Hour D12:45 Autumn Tree Art H12:45 Hoop Toss
Peanut Butter Lovers Month 9 10:00 Coffee Klatch 10:30 News and Discussion D11:00 The Polish & Pamper Hour Club H11:00 Noodle Exercise 11:45 Stretch and Restore Exercise 12:00 Lunch and Social Hour D12:45 Music Circle H12:45 Color Grab Game	**Pet Therapy** 10 10:00 Coffee Klatch 10:30 News and Discussion 11:00 Love on the Leash 11:00 Alt: Baking w/ Erinn 11:45 Music & Movement 12:00 Lunch and Social Hour D12:45 Noodle Exercises H12:45 Active Game & Trivia	**Veterans Day** 11 10:00 Coffee Klatch 10:30 News and Discussion D11:00 Active Game H11:00 Trivia/ Active Game 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour 12:45 Veterans Day Celebration! 12:45 Alt: To be Determined	**Family Stories Month** 12 Bring in a family photo to share for Family Story Reminiscing 10:00 Coffee Klatch 10:30 News and Discussion 11:00 Family Story Reminiscing 11:45 Stretch and Restore Exercise 12:00 BBQ Lunch and Social Hour D12:45 Dice Exercise H12:45 Putt-Putt Game	**World Kindness Day** 13 10:00 Coffee Klatch 10:30 News and Discussion 11:00 John Monday Performs 11:45 Music & Movement 12:00 Lunch and Social Hour D12:45 Kindness Art w/ Erinn H12:45 Gratitude Card Making
National Button Day 16 10:00 Coffee Klatch 10:30 News and Discussion D11:00 Hoop Ball Toss Game H11:00 Button Brooch Craft 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour 12:45 Phil on the Guitar 12:45 Alt: Button Art w/ Paola	**National Homemade Bread Day** 17 10:00 Coffee Klatch 10:30 News and Discussion D11:00 Travel to Japan w/ Toosdey H11:00 Baking w/ Jo 11:45 Move & Grove Exercise 12:00 Lunch and Social Hour D12:45 Active Game H12:45 Baking w/ Susie Clips & Trivia	**Pet Therapy** 18 10:00 Coffee Klatch 10:30 News and Discussion 11:00 Love on the Leash 11:00 Alt: Craft Crew w/Paola 11:45 Stretch and Restore Exercise 12:00 Lunch and Social Hour D12:45 Car Racing Game H12:45 Pool Noodle Ball Passing	**Aviation History Month** 19 10:00 Coffee Klatch 10:30 News and Discussion 11:00 Paper Airplane Racing & Trivia 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour D12:45 Thanksgiving Card Making H12:45 Turkey Arts & Crafts	**National Games & Puzzles Week** 20 10:00 Coffee Klatch 10:30 News and Discussion D11:00 Creative Crew w/ Lori H11:00 Balloon Keep up Game 11:45 Music & Movement 12:00 Lunch and Social Hour D12:45 Golf Challenge Game H12:45 Puzzles/ Card Game
National Book Week 23 10:00 Coffee Klatch 10:30 News and Discussion D11:00 Yoga w/ Beth H11:00 Childhood Reminiscing/ Active Game 11:45 Stretch and Restore Exercise 12:00 Lunch and Social Hour D12:45 Name That Musical H12:45 Harmony Book Club Reading	**National Gratitude Month** 24 10:00 Coffee Klatch 10:30 News and Discussion D11:00 Yoga w/ Beth H11:00 Gratitude Tree Craft 11:45 Sit & Get Fit Exercise 12:00 Lunch and Social Hour 12:45 Phil on the Guitar 12:45 Alt: Painting Club w/ Jo	**National Jukebox Day** 25 10:00 Coffee Klatch 10:30 News and Discussion 11:00 Mini Horses Visit 11:45 Move & Grove Exercise 12:00 Lunch and Social Hour 12:45 50's & 60's Jukebox Dance Party! 12:45 Alt: To be Determined	**Center Closed** 26 Happy Thanksgiving	**Center Closed** 27
National Mousse Day 30 10:00 Coffee Klatch 10:30 News and Discussion D11:00 Create Joy w/ Frankie H11:00 Umbrella Ring Toss 11:45 Music & Movement 12:00 Lunch and Social Hour 12:45 Phil on the Guitar 12:45 Alt: To Be Determined				

Happy Birthday! 11/2 Mike L. & 11/30 Patricia F.

Note: If an activity is only schedule for Discovery group, you will see it noted with the letter D and H Harmony. All other activities will be done in both groups. Your loved one is also welcome to join the other group if they prefer doing that activity instead of what their group is doing.