Senior Concerns
Serving Seniors & Their Family Caregivers
50 Years ANNIVERSARY

Parkinson's Support Group



Open to individuals diagnosed with Parkinson's and their care partners.

People with Parkinson's and their care partners may attend together or individually.

If you would like more information, please call the office at 805.497.0189.

When: 1st Tuesday of each month
2:30 to 4:00 pm

Location: In-Person at
Senior Concerns
401 Hodencamp Road,
Thousand Oaks 91360

Support Group Schedule

- **2:30 pm:** The Group will start with an educational presentation
- **3:00 pm:** The Group will separate into neighboring rooms
- Care Partners will participate in a Support Group Discussion
- Those diagnosed with Parkinson's will participate in an exercise program followed by a Support Group Discussion

Registration: Call 805.497.0189
or at SeniorConcerns.org/parkinsons-support-group/

Senior Concerns is a 501(c)(3) charitable organization Tax ID #95-2992927